

Citi Dash 2023 - Sun Sep 10 2023 06:31:05 GMT+0200 (Central Africa Time)

No.	Course Position	Cat. Position	Gender Position	Name	Surname	Gen.	Category	Group Item	Time	Diff.	Pace
1261	1	1	1	Nicholis	du Plessis	Male	Junior	Nick du Plessis	19:26	-	03:53 min/km
968	2	1	2	Sebastian	Haindongo	Male	Open	Dupwies Management Services	20:13	+00:47	04:02 min/km
1637	3	2	3	Kieran	Pretorius	Male	Junior	Curro Windhoek Gymnasium	20:17	+00:51	04:03 min/km
1200	4	1	1	Emma	Brinkmann	Female	Junior		20:25	+00:59	04:05 min/km
1336	5	3	4	Twapwa	Hangula	Male	Junior	Curro Windhoek Gymnasium	20:26	+01:00	04:05 min/km
1724	6	4	5	Fourie	Steyn	Male	Junior		20:38	+01:12	04:07 min/km
1729	7	1	2	Annee	Swartbooi	Female	Open	WHS	20:43	+01:17	04:08 min/km
1728	8	5	6	Roger	Suren	Male	Junior	Curro Windhoek Gymnasium	20:53	+01:27	04:10 min/km
1031	9	6	7	Paulus	Namweya	Male	Junior		20:54	+01:28	04:10 min/km
1679	10	2	8	Angula	Shikolonya	Male	Open	Pupkewitz Megatech	21:20	+01:54	04:16 min/km
1202	11	1	9	Peter	Brinkmann	Male	Veteran		21:20	+01:54	04:16 min/km
1769	12	3	10	Pieter	Van Wyk	Male	Open	WHS	21:33	+02:07	04:18 min/km
1332	13	2	3	Inosensia	Haingura	Female	Open	Curro Windhoek Gymnasium	21:49	+02:23	04:21 min/km
1065	14	3	4	Kleria	Shikongo	Female	Open	BDO Namibia	21:59	+02:33	04:23 min/km
984	15	4	11	Frans	Ishitile	Male	Open	Pupkewitz Megatech	22:01	+02:35	04:24 min/km
1889	16	7	12	Joshua	Hatto-Jones	Male	Junior		22:29	+03:03	04:29 min/km
1894	17	5	13	Pieter	Page	Male	Open		22:30	+03:04	04:30 min/km
1126	18	6	14	Leonard	Amadhila	Male	Open		22:30	+03:04	04:30 min/km
1821	19	7	15	Mathew	Ishithile	Male	Open		22:47	+03:21	04:33 min/km
1726	20	2	16	Philip	Steyn	Male	Veteran		22:55	+03:29	04:35 min/km
1809	21	8	17	Jg	van der Westhuizen	Male	Open		23:22	+03:56	04:40 min/km
1304	22	8	18	Enrico	Garoeb	Male	Junior		23:54	+04:28	04:46 min/km
1260	23	4	5	Monique	du Plessis	Female	Open	Nick du Plessis	23:59	+04:33	04:47 min/km
1772	24	9	19	Hafeni	Vatuva	Male	Open		24:06	+04:40	04:49 min/km
1455	25	9	20	Michael	Krauer	Male	Junior	Curro Windhoek Gymnasium	24:15	+04:49	04:51 min/km
1485	26	10	21	Enrico	Malan	Male	Open	Private	24:22	+04:56	04:52 min/km
1893	27	10	22	Willi	Hough	Male	Junior		25:12	+05:46	05:02 min/km
1619	28	11	23	Benjamin	OLDENBURG	Male	Junior		25:23	+05:57	05:04 min/km
1783	29	11	24	Nicolaas	Wassenaar	Male	Open	IDK	25:29	+06:03	05:05 min/km
1763	30	12	25	Wilder	Van Drunen	Male	Junior	WHK International	25:31	+06:05	05:06 min/km
1389	31	13	26	Kanato	Izutsu	Male	Junior	Windhoek International School	25:39	+06:13	05:07 min/km
56	32	1	27	Nadine	Booyesen	Male	Incomplete	Nedbank	25:44	+06:18	05:08 min/km
1108	33	14	28	Runner	Nicol-Wilson	Male	Junior	Nicol-Wilson	25:46	+06:20	05:09 min/km
1757	34	15	29	Sergeo	Uxamb	Male	Junior	WHS	25:48	+06:22	05:09 min/km
1778	35	2	6	Laura	Voss	Female	Junior	Deutsche Hoehere Privatschule Windhoek	25:55	+06:29	05:11 min/km
1194	36	16	30	Finnegan	Botha	Male	Junior		25:58	+06:32	05:11 min/km

1480	37	3	7	Jana	Maike Mutschler	Female	Junior	Deutsche Hoehere Privatschule Windhoek	26:04	+06:38	05:12 min/km
1670	38	12	31	Clarence	Sheningua	Male	Open	WHS	26:23	+06:57	05:16 min/km
979	39	13	32	Maria	Hinaunye	Male	Open	Wonder Runners	26:25	+06:59	05:17 min/km
78	40	2	33	Benjamin	Fourie	Male	Incomplete	Nedbank	26:27	+07:01	05:17 min/km
1081	41	17	34	Ryan	Steyn	Male	Junior		26:38	+07:12	05:19 min/km
1319	42	5	8	Christine	Glen-Spyron	Female	Open		26:44	+07:18	05:20 min/km
1058	43	4	9	Thomas	Riha	Female	Junior	Deutsche Hoehere Privatschule Windhoek	26:47	+07:21	05:21 min/km
1205	44	18	35	Jandre	Burger	Male	Junior	Curro Windhoek Gymnasium	26:50	+07:24	05:22 min/km
1796	45	19	36	Kevin	Zhang	Male	Junior	Deutsche Hoehere Privatschule Windhoek	27:18	+07:52	05:27 min/km
1768	46	3	37	Andre	van Wyk	Male	Veteran		27:22	+07:56	05:28 min/km
1725	47	1	10	Irene	Steyn	Female	Veteran		27:24	+07:58	05:28 min/km
1495	48	5	11	Lilly	Marschall	Female	Junior	Deutsche Hoehere Privatschule Windhoek	27:29	+08:03	05:29 min/km
1722	49	6	12	Cari	Stears	Female	Junior	WHS	27:34	+08:08	05:30 min/km
1193	50	6	13	Yanke	Botes	Female	Open	WHS	27:35	+08:09	05:31 min/km
1100	51	20	38	Josh	Williamson	Male	Junior	Little Wilyams	27:37	+08:11	05:31 min/km
1534	52	14	39	Affary	Mubonenwa	Male	Open		27:45	+08:19	05:33 min/km
1476	53	15	40	Charl	Maclachlan	Male	Open	Curro Windhoek Gymnasium	27:54	+08:28	05:34 min/km
1614	54	16	41	Leonard	Ntinda	Male	Open		27:59	+08:33	05:35 min/km
1719	55	21	42	Philip	Spangenberg	Male	Junior		27:59	+08:33	05:35 min/km
1513	56	7	14	Jade	McNamara	Female	Junior	Windhoek International School	28:03	+08:37	05:36 min/km
1337	57	22	43	Charl	Hanstein	Male	Junior	Curro Windhoek Gymnasium	28:11	+08:45	05:38 min/km
1362	58	23	44	Hanru	Human	Male	Junior		28:20	+08:54	05:40 min/km
1781	59	8	15	Pia	Walter	Female	Junior	Deutsche Hoehere Privatschule Windhoek	28:21	+08:55	05:40 min/km
1870	60	7	16	Ndapewa	Vilho	Female	Open		28:24	+08:58	05:40 min/km
1791	61	9	17	Josie	Williamson	Female	Junior	Little Willy	28:29	+09:03	05:41 min/km
847	62	17	45	Valde	Simeon	Male	Open		28:29	+09:03	05:41 min/km
1646	63	24	46	Owen	Rijnen	Male	Junior	St Paul's College	28:33	+09:07	05:42 min/km
1460	64	3	47	Darrel	Lapes	Male	Incomplete	Shahangwapo	28:33	+09:07	05:42 min/km
1002	65	25	48	Tiannan	Keown-Kisting	Male	Junior	Windhoek International School	28:34	+09:08	05:42 min/km
1494	66	10	18	Kyra	Marschall	Female	Junior	Deutsche Hoehere Privatschule Windhoek	28:39	+09:13	05:43 min/km
1400	67	11	19	Emily	Kaete Zander	Female	Junior	Deutsche Hoehere Privatschule Windhoek	28:40	+09:14	05:44 min/km
1863	68	18	49	Andreas Osheendeeninga	Paulus	Male	Open		28:41	+09:15	05:44 min/km
964	69	19	50	Isva	Ferreira-Faria	Male	Open	Pupkewitz Megatech	28:52	+09:26	05:46 min/km
1594	70	26	51	Japhet	Nekwiyu	Male	Junior	Curro Windhoek Gymnasium	28:52	+09:26	05:46 min/km

1490	71	4	52	Jacques	Marais	Male	Veteran		29:00	+09:34	05:48 min/km
1441	72	27	53	Ronan	Keown-Kisting	Male	Junior	Windhoek International School	29:04	+09:38	05:48 min/km
1286	73	1	54	Michael	Feldmann	Male	Master		29:05	+09:39	05:49 min/km
1892	74	28	55	Mark	Wallace	Male	Junior		29:06	+09:40	05:49 min/km
1504	75	29	56	Oliver	Mathews	Male	Junior		29:08	+09:42	05:49 min/km
1159	76	30	57	Hendrik	Baartman	Male	Junior		29:08	+09:42	05:49 min/km
1201	77	2	20	Lena	Brinkmann	Female	Veteran		29:10	+09:44	05:50 min/km
1103	78	20	58	Runner	Claassen	Male	Open		29:11	+09:45	05:50 min/km
1180	79	1	21	Jemima	Beukes	Female	Incomplete	Media	29:13	+09:47	05:50 min/km
1746	80	31	59	Yann	Troh	Male	Junior	TrodelTrohs	29:18	+09:52	05:51 min/km
1771	81	3	22	Vanessa	Troh	Female	Veteran	TrodelTrohs	29:19	+09:53	05:51 min/km
1744	82	8	23	Snora	Tourus	Female	Open	Dupwies Management Services	29:37	+10:11	05:55 min/km
1244	83	1	24	Vera	De Cauwer	Female	Master	Family Knoetze	29:44	+10:18	05:56 min/km
1313	84	32	60	Kyla	Gille	Male	Junior		29:47	+10:21	05:57 min/km
1491	85	33	61	Jonathan	Marais	Male	Junior		30:03	+10:37	06:00 min/km
1516	86	4	25	Tarryn	McNamara	Female	Veteran	Windhoek International School	30:15	+10:49	06:03 min/km
1416	87	9	26	Hileni	Kandenge	Female	Open	Dupwies Management Services	30:16	+10:50	06:03 min/km
2152	88	21	62	Grant	Muller	Male	Open		30:16	+10:50	06:03 min/km
957	89	22	63	Querida	Dunaiski	Male	Open		30:17	+10:51	06:03 min/km
1621	90	23	64	John	Olivin Glen-Spyron	Male	Open		30:21	+10:55	06:04 min/km
1466	91	24	65	Sandra	Lippert	Male	Open		30:23	+10:57	06:04 min/km
1078	92	10	27	Ulrike	Steidler	Female	Open		30:25	+10:59	06:05 min/km
1120	93	25	66	Twazamo	Agapitus	Male	Open		30:28	+11:02	06:05 min/km
1113	94	5	28	Corinna	Scherf	Female	Veteran	Friends	30:29	+11:03	06:05 min/km
1075	95	11	29	Gabriela	Sobotta	Female	Open	Private	30:35	+11:09	06:07 min/km
1119	96	26	67	Nekwaya	Agapitus	Male	Open		30:53	+11:27	06:10 min/km
1498	97	27	68	Yoran	Martin	Male	Open		30:57	+11:31	06:11 min/km
1831	98	2	69	Abas	Mezwghi	Male	Master		31:00	+11:34	06:12 min/km
1493	99	2	30	Gudrun	Marschall	Female	Master		31:03	+11:37	06:12 min/km
1000	100	28	70	Faith	Kazondovi	Male	Open		31:10	+11:44	06:14 min/km
1695	101	12	31	Selma	Shitana	Female	Open	Selma	31:14	+11:48	06:14 min/km
1398	102	6	32	Rachel	Johnson	Female	Veteran	Johnson	31:18	+11:52	06:15 min/km
1271	103	13	33	Al	Dylan Carew	Female	Open	Carewfam	31:20	+11:54	06:16 min/km
1305	104	29	71	Kizano	Garoeb	Male	Open		31:23	+11:57	06:16 min/km
1095	105	7	34	Jana	Wahengo	Female	Veteran	MATITI SAFARIS	31:26	+12:00	06:17 min/km
548	106	5	72	Durban	Johnson	Male	Veteran	Johnson	31:27	+12:01	06:17 min/km
1464	107	12	35	Jane	Lewies	Female	Junior	Zarika	31:32	+12:06	06:18 min/km
1610	108	6	73	KATSUSUKE	NIWA	Male	Veteran	NIWA	31:34	+12:08	06:18 min/km
40	109	4	74	Aimee	Alexander	Male	Incomplete	Nedbank	31:48	+12:22	06:21 min/km
1240	110	34	75	Liam	Cutts	Male	Junior		31:50	+12:24	06:22 min/km
1239	111	35	76	Kieren	Cutts	Male	Junior		31:51	+12:25	06:22 min/km

1391	112	14	36	Kayli	Jacobs	Female	Open	WHS	31:57	+12:31	06:23 min/km
1484	113	30	77	Enjo	Malan	Male	Open	Private	31:58	+12:32	06:23 min/km
2154	114	31	78	Shangelao	Ndadi	Male	Open		32:16	+12:50	06:27 min/km
2157	115	15	37	Andima	Jordaanja	Female	Open		32:17	+12:51	06:27 min/km
1163	116	13	38	Mia	Barkhuizen	Female	Junior	Curro Windhoek Gymnasium	32:19	+12:53	06:27 min/km
1258	117	32	79	JC	du Buisson	Male	Open		32:20	+12:54	06:28 min/km
1454	118	33	80	Hannes	Kotze	Male	Open		32:21	+12:55	06:28 min/km
1465	119	34	81	Daniel	Liebenberg	Male	Open		32:22	+12:56	06:28 min/km
1643	120	35	82	Erro	Remaider Ashivudhi	Male	Open		32:27	+13:01	06:29 min/km
1390	121	7	83	Cornelius	J Lewies	Male	Veteran	Zarika	32:30	+13:04	06:30 min/km
1352	122	36	84	Luke	Heyman	Male	Junior	Elton	32:31	+13:05	06:30 min/km
1515	123	14	39	Scarlett	McNamara	Female	Junior	Windhoek International School	32:32	+13:06	06:30 min/km
1867	124	15	40	Killian	Kibble	Female	Junior		32:32	+13:06	06:30 min/km
1232	125	37	85	Marcelo	Coelho	Male	Junior	WHK International	32:32	+13:06	06:30 min/km
1221	126	3	86	Deon	Cloete	Male	Master		32:34	+13:08	06:30 min/km
1549	127	36	87	Davsion	Mutinhiri	Male	Open		32:39	+13:13	06:31 min/km
1157	128	37	88	David	Augustu	Male	Open	DBikes	32:41	+13:15	06:32 min/km
1776	129	3	41	Bianca	Von Lieres	Female	Master	MATITI SAFARIS	32:43	+13:17	06:32 min/km
1774	130	8	89	Wessie	Vd Westhuizen	Male	Veteran		32:45	+13:19	06:33 min/km
1773	131	8	42	Theresa	Vd Westhuizen	Female	Veteran		32:45	+13:19	06:33 min/km
1745	132	16	43	Hannah	Troh	Female	Junior	TrodelTrohs	32:51	+13:25	06:34 min/km
1502	133	17	44	Annabelle	Mathews	Female	Junior		32:52	+13:26	06:34 min/km
1190	134	18	45	Jessica	Bombosch	Female	Junior	Friends	32:54	+13:28	06:34 min/km
1287	135	16	46	Diana	Fenyeho	Female	Open		32:54	+13:28	06:34 min/km
1503	136	17	47	Melani	Mathews	Female	Open		32:54	+13:28	06:34 min/km
939	137	19	48	Danica	Bombosch	Female	Junior	Friends	32:55	+13:29	06:35 min/km
1651	138	38	90	Modise	Rowen	Male	Open	Dupwies Management Services	32:55	+13:29	06:35 min/km
1547	139	39	91	Dennis	Mutilifa	Male	Open	Dupwies Management Services	32:56	+13:30	06:35 min/km
1561	140	40	92	Edward	Naftal	Male	Open	WHS	32:56	+13:30	06:35 min/km
1033	141	41	93	Wiseman	Ndakondja	Male	Open		32:58	+13:32	06:35 min/km
1845	142	42	94	Leon	mbkusa	Male	Open		32:58	+13:32	06:35 min/km
1765	143	20	49	Michelle	Van Jaarsveldt	Female	Junior	St Pauls	32:59	+13:33	06:35 min/km
1652	144	43	95	Wayne	Rukero	Male	Open		33:06	+13:40	06:37 min/km
1183	145	44	96	Tarina	Biewenga	Male	Open		33:26	+14:00	06:41 min/km
1593	146	18	50	Sara	Nekwiita	Female	Open		33:28	+14:02	06:41 min/km
1806	147	5	97	James	Cutts	Male	Incomplete	Incomplete entries	33:38	+14:12	06:43 min/km
1356	148	4	51	Theo	Hoeksema	Female	Master	Hoeksemas	33:39	+14:13	06:43 min/km
1145	149	19	52	Tuwilika	Angolo	Female	Open	Dupwies Management Services	33:40	+14:14	06:44 min/km
1789	150	45	98	Norman	William	Male	Open	The Williams	33:59	+14:33	06:47 min/km
1092	151	21	53	Laken	Van Drunen	Female	Junior	WHK International	34:16	+14:50	06:51 min/km
244	152	46	99	Edwin	Majange	Male	Open		34:34	+15:08	06:54 min/km

1351	153	22	54	Ava-Louise	Heyman	Female	Junior	Elton	34:40	+15:14	06:56 min/km
1403	154	38	100	Ben	Kadhila	Male	Junior	Private	34:43	+15:17	06:56 min/km
990	155	20	55	Uendjipe	Kahambundu	Female	Open		34:56	+15:30	06:59 min/km
2153	156	21	56	Petra	Muller	Female	Open		35:02	+15:36	07:00 min/km
1779	157	22	57	Ricardo	Vries	Female	Open	Dupwies Management Services	35:02	+15:36	07:00 min/km
1479	158	47	101	Drayton	Magunde	Male	Open		35:06	+15:40	07:01 min/km
1861	159	23	58	Mia Helen	Winter	Female	Open		35:10	+15:44	07:02 min/km
1198	160	24	59	Marna	Bravenboer	Female	Open		35:13	+15:47	07:02 min/km
77	161	6	102	Leon	Feris	Male	Incomplete	Nedbank	35:21	+15:55	07:04 min/km
1611	162	9	60	NAOMI	NIWA	Female	Veteran	NIWA	35:25	+15:59	07:05 min/km
1868	163	48	103	Nghili	Sakaria	Male	Open		35:27	+16:01	07:05 min/km
1250	164	49	104	Valdio	De Waal	Male	Open		35:35	+16:09	07:07 min/km
1891	165	50	105	Leaan	Nasilowski	Male	Open		35:40	+16:14	07:08 min/km
62	166	7	106	Franklin	Clarke	Male	Incomplete	Nedbank	35:40	+16:14	07:08 min/km
1834	167	25	61	Ndeshii	Nekongo	Female	Open		35:45	+16:19	07:09 min/km
1132	168	23	62	Stella	Amoroso	Female	Junior	WHK International	35:52	+16:26	07:10 min/km
1204	169	9	107	Gert	Burger	Male	Veteran		35:53	+16:27	07:10 min/km
1228	170	10	63	Retha	Cloete	Female	Veteran	Cloete	35:55	+16:29	07:11 min/km
1732	171	51	108	Vaughan	Swartz	Male	Open	Trio Debt Collections Services	35:56	+16:30	07:11 min/km
936	172	52	109	Dixon	Beukes	Male	Open	Trio Debt Collections Services	35:57	+16:31	07:11 min/km
1368	173	26	64	Paulina	Iiyambo	Female	Open	Private	36:00	+16:34	07:12 min/km
1130	174	11	65	Cheryl	Amoroso	Female	Veteran		36:04	+16:38	07:12 min/km
212	175	39	110	James	Dien	Male	Junior		36:06	+16:40	07:13 min/km
84	176	8	111	Maruska	Gille	Male	Incomplete	Nedbank	36:11	+16:45	07:14 min/km
1457	177	53	112	Puumue	Kustaa	Male	Open		36:11	+16:45	07:14 min/km
1423	178	9	113	Junior	Kapofi	Male	Incomplete	Media	36:19	+16:53	07:15 min/km
1161	179	10	114	Sunel	Badenhorst	Male	Veteran		36:20	+16:54	07:16 min/km
1076	180	40	115	Jan-Hendrik	Spangenberg	Male	Junior		36:21	+16:55	07:16 min/km
1154	181	27	66	Erika	Ashipala	Female	Open		36:23	+16:57	07:16 min/km
1675	182	28	67	Paulina	Shigwedha	Female	Open		36:30	+17:04	07:18 min/km
1020	183	29	68	Adelheid	Mbandi	Female	Open		36:34	+17:08	07:18 min/km
86	184	10	116	Bernard	Gurirab	Male	Incomplete	Nedbank	36:36	+17:10	07:19 min/km
1883	185	2	69	Vincia	Cloete	Female	Incomplete		36:36	+17:10	07:19 min/km
1794	186	54	117	Zanodean	Zaal	Male	Open	Trio Debt Collections Services	36:43	+17:17	07:20 min/km
1544	187	55	118	Andrew	Muteka	Male	Open		36:43	+17:17	07:20 min/km
1702	188	56	119	Shiweva	Shiweva	Male	Open	Trio Debt Collections Services	36:43	+17:17	07:20 min/km
1237	189	12	70	Yvette	Coetzer	Female	Veteran	Roland Physiotherapy	36:44	+17:18	07:20 min/km
1007	190	41	120	Karl-Nikolai	Lisse	Male	Junior		36:45	+17:19	07:21 min/km
1034	191	30	71	Kristofina	Ndapandula Popawa	Female	Open		36:45	+17:19	07:21 min/km
1720	192	13	72	Annette	Stafford-Evans	Female	Veteran		36:49	+17:23	07:21 min/km
1253	193	42	121	Curtis	Dentlinger	Male	Junior		36:51	+17:25	07:22 min/km

1203	194	31	73	Rosalind	Britz	Female	Open		36:55	+17:29	07:23 min/km
1322	195	24	74	Nicole	Groenewald	Female	Junior	St Pauls	36:57	+17:31	07:23 min/km
1115	196	43	122	Runner	Beukes Diego	Male	Junior	Die Beukes Squad	37:03	+17:37	07:24 min/km
1116	197	44	123	Runner	Beukes Jacques	Male	Junior	Die Beukes Squad	37:03	+17:37	07:24 min/km
1280	198	11	124	Camren	Erasmus	Male	Incomplete	Shahangwapo	37:04	+17:38	07:24 min/km
1429	199	12	125	Musa	Kaseke	Male	Incomplete	Media	37:08	+17:42	07:25 min/km
1255	200	32	75	Nicole	Dian	Female	Open		37:11	+17:45	07:26 min/km
55	201	13	126	Sharief	Boois	Male	Incomplete	Nedbank	37:12	+17:46	07:26 min/km
73	202	14	127	Vincent	Dieterle	Male	Incomplete	Nedbank	37:12	+17:46	07:26 min/km
1415	203	33	76	Naomi	Kamenye wernhil	Female	Open		37:21	+17:55	07:28 min/km
185	204	15	128	Nelitu	Thimotheus	Male	Incomplete	Nedbank	37:21	+17:55	07:28 min/km
1556	205	34	77	Theofred	Mwatelulo	Female	Open		37:29	+18:03	07:29 min/km
1595	206	25	78	Chante	nel	Female	Junior	St Pauls	37:42	+18:16	07:32 min/km
1402	207	35	79	Nyasha	Kabuku	Female	Open		37:53	+18:27	07:34 min/km
1138	208	36	80	Rejoice	Amutenya	Female	Open		38:02	+18:36	07:36 min/km
1786	209	14	81	Helet	Westraadt	Female	Veteran		38:16	+18:50	07:39 min/km
1118	210	57	129	Runner	Swemmer Tom	Male	Open	Die Beukes Squad	38:19	+18:53	07:39 min/km
1788	211	26	82	Janay	Willemse	Female	Junior		38:20	+18:54	07:40 min/km
935	212	45	130	Rodrigues	Basson	Male	Junior	WHK International	38:27	+19:01	07:41 min/km
1413	213	37	83	Ndinelao	Kamati	Female	Open		38:35	+19:09	07:43 min/km
87	214	16	131	Reinholdt	Hailonga	Male	Incomplete	Nedbank	38:36	+19:10	07:43 min/km
102	215	17	132	Bernadine	Johannes	Male	Incomplete	Nedbank	38:38	+19:12	07:43 min/km
676	216	38	84	Romilly	Mouton	Female	Open	Old Mutual	38:43	+19:17	07:44 min/km
1568	217	39	85	Albertina	Nambahu	Female	Open	Emoneko Investments	38:44	+19:18	07:44 min/km
1241	218	15	86	Irwin	D Haihambo	Female	Veteran		38:46	+19:20	07:45 min/km
1003	219	4	133	Tertius	Knoetze	Male	Master	Family Knoetze	38:47	+19:21	07:45 min/km
1620	220	40	87	Chantelle	Olivier	Female	Open	Dupwies Management Services	38:53	+19:27	07:46 min/km
1478	221	41	88	Tissa	Magano Titus	Female	Open		38:59	+19:33	07:47 min/km
1114	222	42	89	Runner	Beukes Lelan	Female	Open	Die Beukes Squad	39:00	+19:34	07:48 min/km
1540	223	43	90	Limba	Mupetami	Female	Open	Team Mupetami	39:01	+19:35	07:48 min/km
1363	224	44	91	Suzette	Human	Female	Open		39:02	+19:36	07:48 min/km
1257	225	11	134	Heiko	Doedens	Male	Veteran		39:02	+19:36	07:48 min/km
1770	226	5	92	Suzette	Van Wyk	Female	Master		39:05	+19:39	07:49 min/km
2170	227	58	135	Bradley	Mouton	Male	Open		39:05	+19:39	07:49 min/km
1676	228	45	93	Selma	Shikale	Female	Open	Roland Physiotherapy	39:08	+19:42	07:49 min/km
996	229	46	94	Maria	Kauhondamwa	Female	Open	Wonder Runners	39:17	+19:51	07:51 min/km
1248	230	47	95	Innocentia	De Klerk	Female	Open	Dupwies Management Services	39:29	+20:03	07:53 min/km
1445	231	27	96	Maya	Knoetze	Female	Junior	Family Knoetze	39:31	+20:05	07:54 min/km
96	232	18	136	Hilya	Iiyambo	Male	Incomplete	Nedbank	39:31	+20:05	07:54 min/km
131	233	19	137	Hilya	Mbekele	Male	Incomplete	Nedbank	39:33	+20:07	07:54 min/km
1766	234	48	97	Sonika	Van Rooyen	Female	Open		39:34	+20:08	07:54 min/km

1458	235	49	98	Monique	Lang	Female	Open		39:36	+20:10	07:55 min/km
1435	236	16	99	Mercia	Katujei	Female	Veteran	PPC Fitness Team	39:36	+20:10	07:55 min/km
1323	237	59	138	Andreas	Gustav	Male	Open		39:43	+20:17	07:56 min/km
1590	238	50	100	Aili	Nekandu	Female	Open		39:43	+20:17	07:56 min/km
989	239	51	101	Pandu	Joseph	Female	Open	Kitty Kats	39:43	+20:17	07:56 min/km
1857	240	60	139	Tulonga Megameno Tobias	Hidipo	Male	Open		39:44	+20:18	07:56 min/km
1820	241	61	140	Wimpie	Bronner	Male	Open		39:47	+20:21	07:57 min/km
1819	242	52	102	Willa	Bronner	Female	Open		39:48	+20:22	07:57 min/km
1064	243	53	103	Emilia	Shikeenga	Female	Open		39:48	+20:22	07:57 min/km
1488	244	3	104	Martha	Malima	Female	Incomplete		39:50	+20:24	07:58 min/km
1887	245	46	141	Stefan	la grange	Male	Junior		39:51	+20:25	07:58 min/km
1618	246	54	105	Andrea	Oelofsen	Female	Open	WHS	39:51	+20:25	07:58 min/km
1122	247	62	142	Kevin	Alcock	Male	Open	WHS	39:52	+20:26	07:58 min/km
1155	248	55	106	Mighty	ASTERIA Kapenda	Female	Open		40:00	+20:34	08:00 min/km
1862	249	56	107	Selma	Paulus	Female	Open		40:01	+20:35	08:00 min/km
1740	250	57	108	Otja	Tjiriange	Female	Open		40:03	+20:37	08:00 min/km
1395	251	63	143	Neville	Jansen	Male	Open		40:05	+20:39	08:01 min/km
414	252	64	144	Darren	Diergaardt	Male	Open		40:11	+20:45	08:02 min/km
1299	253	47	145	Luke	Fussell	Male	Junior	Big Sky Lodges	40:14	+20:48	08:02 min/km
1329	254	28	109	Naomi	Haihambo	Female	Junior		40:14	+20:48	08:02 min/km
1681	255	58	110	Gregentia	Shikongo	Female	Open		40:20	+20:54	08:04 min/km
1533	256	59	111	cynthia	mubita	Female	Open		40:21	+20:55	08:04 min/km
2155	257	65	146	van Wyk	Azel	Male	Open		40:25	+20:59	08:05 min/km
1577	258	48	147	Damian	Ndadi	Male	Junior		40:26	+21:00	08:05 min/km
108	259	20	148	Rosalie	Kahambundu	Male	Incomplete	Nedbank	40:35	+21:09	08:07 min/km
147	260	21	149	Rosemary	Naobes	Male	Incomplete	Nedbank	40:40	+21:14	08:08 min/km
1227	261	60	112	Reime	Cloete	Female	Open	R&R	40:45	+21:19	08:09 min/km
1733	262	29	113	Helu	Talliah Jerusah Helu	Female	Junior		40:46	+21:20	08:09 min/km
1607	263	66	150	Helena	Ngodji	Male	Open		40:47	+21:21	08:09 min/km
381	264	30	114	Tawananyasha	Chiwara	Female	Junior		40:50	+21:24	08:10 min/km
930	265	12	151	Franco	Angermund	Male	Veteran		40:58	+21:32	08:11 min/km
931	266	31	115	Kendall	Angermund	Female	Junior		40:58	+21:32	08:11 min/km
1143	267	6	116	Juffrou	Angelicque Rall	Female	Master	WHS	40:59	+21:33	08:11 min/km
1555	268	61	117	Josephine	Mwatale	Female	Open	Dupwies Management Services	41:04	+21:38	08:12 min/km
1764	269	62	118	Pieter	van Helsdingen	Female	Open	BDO Namibia	41:08	+21:42	08:13 min/km
1642	270	63	119	Rebecca	Faul	Female	Open	BDO Namibia	41:08	+21:42	08:13 min/km
933	271	64	120	Kyllie	Awene	Female	Open		41:08	+21:42	08:13 min/km
1562	272	65	121	Nangula	Nafuka	Female	Open		41:09	+21:43	08:13 min/km
1302	273	66	122	Maxine	Gaomas	Female	Open	Maxine	41:09	+21:43	08:13 min/km
1426	274	67	152	Enrico	Karumbombo	Male	Open	Trio Debt Collections Services	41:11	+21:45	08:14 min/km
1737	275	67	123	Kenelyn	Thobias	Female	Open	Dupwies Management Services	41:12	+21:46	08:14 min/km

75	276	22	153	Carmen	Erasmus	Male	Incomplete	Nedbank	41:16	+21:50	08:15 min/km
1467	277	68	124	Angey	Louw	Female	Open	Emoneko Investments	41:24	+21:58	08:16 min/km
1588	278	32	125	Penohole	Nekamba	Female	Junior		41:29	+22:03	08:17 min/km
1601	279	69	126	Dollina	Nelumbu	Female	Open		41:30	+22:04	08:18 min/km
117	280	23	154	Wilma	Kruger	Male	Incomplete	Nedbank	41:32	+22:06	08:18 min/km
1262	281	5	155	Nick	du Plessis	Male	Master	Nick du Plessis	41:34	+22:08	08:18 min/km
1829	282	70	127	Julius	Veldshroendaaier	Female	Open		41:38	+22:12	08:19 min/km
1692	283	33	128	Thulani	Shipanga	Female	Junior	Curro Windhoek Gymnasium	41:39	+22:13	08:19 min/km
1664	284	24	156	Lukas	Shahangwapo	Male	Incomplete	Shahangwapo	41:59	+22:33	08:23 min/km
61	285	25	157	Nicholas	Christians	Male	Incomplete	Nedbank	42:01	+22:35	08:24 min/km
1878	286	68	158	Ndati-Tangi	Elly Nandago	Male	Open		42:07	+22:41	08:25 min/km
1324	287	17	129	Heidi	Haelbich	Female	Veteran	BDO Namibia	42:09	+22:43	08:25 min/km
1370	288	71	130	Selma	Imbondi	Female	Open	Dupwies Management Services	42:16	+22:50	08:27 min/km
1613	289	72	131	Tuna	Nkandi	Female	Open		42:16	+22:50	08:27 min/km
153	290	26	159	Rejoyce	Ndimwedi	Male	Incomplete	Nedbank	42:20	+22:54	08:28 min/km
1602	291	69	160	Elwin	Nengola	Male	Open	Cheetahs	42:23	+22:57	08:28 min/km
1673	292	70	161	Victoria	Shidute	Male	Open	Cheetahs	42:24	+22:58	08:28 min/km
1382	293	6	162	Sagaria	Itembu	Male	Master	WHK International	42:25	+22:59	08:29 min/km
1849	294	73	132	Naina	Ishitile	Female	Open		42:25	+22:59	08:29 min/km
187	295	27	163	Vino	Tjombonde	Male	Incomplete	Nedbank	42:26	+23:00	08:29 min/km
1025	296	74	133	Maggy	Mushelenga	Female	Open	Pupkewitz Megatech	42:26	+23:00	08:29 min/km
168	297	28	164	Melleney	Scheffers	Male	Incomplete	Nedbank	42:30	+23:04	08:30 min/km
954	298	75	134	Normandi	Dentlinger	Female	Open		42:31	+23:05	08:30 min/km
1367	299	76	135	Pandu	Iiyambo	Female	Open		42:31	+23:05	08:30 min/km
1365	300	77	136	Elina	Iipinge	Female	Open	Dupwies Management Services	42:32	+23:06	08:30 min/km
1452	301	78	137	Shahida	Kooper	Female	Open	Dupwies Management Services	42:32	+23:06	08:30 min/km
1688	302	79	138	Wilika	Shindjoba	Female	Open	Dupwies Management Services	42:38	+23:12	08:31 min/km
941	303	80	139	Camelot	Brinkman	Female	Open		42:52	+23:26	08:34 min/km
122	304	29	165	Ulrich	Lehmann	Male	Incomplete	Nedbank	42:54	+23:28	08:34 min/km
1843	305	71	166	Dos	Santos Ihuhua	Male	Open		43:01	+23:35	08:36 min/km
1687	306	72	167	Charne	Shimwino	Male	Open		43:01	+23:35	08:36 min/km
1644	307	81	140	Juffrou	Retha Burger	Female	Open	WHS	43:04	+23:38	08:36 min/km
1088	308	73	168	Elizabeth	Udjombalah	Male	Open		43:05	+23:39	08:37 min/km
994	309	82	141	Vincia	Katjindee Damases	Female	Open	Damaseb	43:05	+23:39	08:37 min/km
951	310	18	142	Edward	Damaseb	Female	Veteran	Damaseb	43:06	+23:40	08:37 min/km
987	311	83	143	Helena	Johannes	Female	Open	NUST welwichear 77	43:06	+23:40	08:37 min/km
1256	312	4	144	Jeannette	Diergaardt	Female	Incomplete	Media	43:08	+23:42	08:37 min/km
1187	313	49	169	Adriano	Bock	Male	Junior	WHS	43:23	+23:57	08:40 min/km
1727	314	84	145	Juffrou	Sune Verdoes	Female	Open	WHS	43:26	+24:00	08:41 min/km
1554	315	85	146	Tangi	Mwanyangapo	Female	Open		43:29	+24:03	08:41 min/km
1576	316	86	147	Marcelle	Nasilowski	Female	Open	DHPS	43:42	+24:16	08:44 min/km

1518	317	19	148	Nadia	Mechnig	Female	Veteran	DHPS	43:43	+24:17	08:44 min/km
1017	318	50	170	DANIELLA	MASSUNGO	Male	Junior	Delta	44:03	+24:37	08:48 min/km
1407	319	34	149	Iyalo	Kalili	Female	Junior		44:03	+24:37	08:48 min/km
115	320	30	171	Indila	Kautondokwa	Male	Incomplete	Nedbank	44:04	+24:38	08:48 min/km
1213	321	20	150	Dustin	Carew	Female	Veteran	Carewfam	44:08	+24:42	08:49 min/km
980	322	74	172	Michael	Hinaunye	Male	Open	Wonder Runners	44:08	+24:42	08:49 min/km
113	323	31	173	Joan	Kaulinge	Male	Incomplete	Nedbank	44:08	+24:42	08:49 min/km
140	324	32	174	Winny	Munekamba	Male	Incomplete	Nedbank	44:11	+24:45	08:50 min/km
1785	325	5	151	Helaria	Werner	Female	Incomplete	Media	44:11	+24:45	08:50 min/km
1147	326	21	152	Mirjam	Antonio	Female	Veteran		44:13	+24:47	08:50 min/km
1736	327	87	153	Appolonia	Theofilus	Female	Open		44:14	+24:48	08:50 min/km
1596	328	88	154	Isca	Nel	Female	Open		44:14	+24:48	08:50 min/km
1754	329	89	155	Joyce	Upindi	Female	Open		44:14	+24:48	08:50 min/km
1790	330	35	156	Eula	Williamson	Female	Junior	Little Willy	44:18	+24:52	08:51 min/km
1273	331	36	157	Alexandra	Egerer	Female	Junior	Egerers	44:18	+24:52	08:51 min/km
1447	332	51	175	Erick	Kohne	Male	Junior	Cycledelic Consulting	44:19	+24:53	08:51 min/km
1449	333	52	176	Mirko	Kohne	Male	Junior	Cycledelic Consulting	44:19	+24:53	08:51 min/km
1292	334	90	158	Fransina	Fillipus	Female	Open	Dupwies Management Services	44:28	+25:02	08:53 min/km
1284	335	37	159	Miranda	Fate	Female	Junior		44:28	+25:02	08:53 min/km
1735	336	91	160	Gamu	Taruwona	Female	Open		44:28	+25:02	08:53 min/km
1709	337	6	161	Paheja	Siririka	Female	Incomplete	Media	44:29	+25:03	08:53 min/km
1326	338	75	177	Immanuel	Hafeni	Male	Open		44:30	+25:04	08:54 min/km
1448	339	76	178	Heinrich	Kohne	Male	Open	Cycledelic Consulting	44:31	+25:05	08:54 min/km
116	340	33	179	Kirsten	Kohne	Male	Incomplete	Nedbank	44:31	+25:05	08:54 min/km
1890	341	53	180	Johan	Junius	Male	Junior		44:33	+25:07	08:54 min/km
1885	342	54	181	Rylen	Bombosch	Male	Junior		44:39	+25:13	08:55 min/km
1266	343	13	182	Gert	du Preez	Male	Veteran		44:43	+25:17	08:56 min/km
1267	344	55	183	GJ	Du Preez	Male	Junior		44:43	+25:17	08:56 min/km
1084	345	38	162	Zakiya	Tjongarero	Female	Junior	WHK International	44:44	+25:18	08:56 min/km
1542	346	39	163	Akyrah	Mureithi	Female	Junior	WHK International	44:46	+25:20	08:57 min/km
1742	347	40	164	Ivanah	Tjongarero	Female	Junior	WHK International	44:46	+25:20	08:57 min/km
59	348	34	184	Althea	Brandt	Male	Incomplete	Nedbank	44:47	+25:21	08:57 min/km
41	349	35	185	Rauha	Alumana	Male	Incomplete	Nedbank	44:48	+25:22	08:57 min/km
50	350	36	186	Patrick	Awiseb	Male	Incomplete	Nedbank	44:51	+25:25	08:58 min/km
1691	351	92	165	Helena	Shipanga	Female	Open		44:51	+25:25	08:58 min/km
1545	352	93	166	Martha	Muteka	Female	Open		44:52	+25:26	08:58 min/km
973	353	94	167	Veronika	Hango	Female	Open	Pupkewitz Megatech	44:56	+25:30	08:59 min/km
1209	354	7	187	Gregory	Camm	Male	Master	Camm	45:00	+25:34	09:00 min/km
2156	355	77	188	Graig	Hilavia	Male	Open		45:10	+25:44	09:02 min/km
1296	356	95	168	Mercia	Forbes	Female	Open		45:10	+25:44	09:02 min/km
1127	357	96	169	Sushmita	Amadhila	Female	Open	NRKH	45:19	+25:53	09:03 min/km

1277	358	78	189	Herman	Elifas	Male	Open	NRKH	45:19	+25:53	09:03 min/km
1051	359	97	170	Beauty	Paulus	Female	Open	Wonder Runners	45:20	+25:54	09:04 min/km
1686	360	7	171	June	Shimuoshili	Female	Incomplete	Media	45:26	+26:00	09:05 min/km
520	361	41	172	Nsozi	Imbuwa	Female	Junior	St Pauls	45:27	+26:01	09:05 min/km
1066	362	98	173	Paulina	Shinana	Female	Open		45:27	+26:01	09:05 min/km
1191	363	7	174	Madeline	Bombosch	Female	Master	Friends	45:30	+26:04	09:06 min/km
1371	364	42	175	Elza	Imbuwa	Female	Junior		45:33	+26:07	09:06 min/km
1838	365	99	176	Kim	Neumann	Female	Open		45:34	+26:08	09:06 min/km
1631	366	100	177	Chane	Philander	Female	Open	Emoneko Investments	45:34	+26:08	09:06 min/km
1599	367	8	178	Risa	Nel	Female	Master		45:35	+26:09	09:07 min/km
97	368	37	190	Laura	Imbuwa	Male	Incomplete	Nedbank	45:35	+26:09	09:07 min/km
1762	369	56	191	North	Van Drunen	Male	Junior	WHK International	45:36	+26:10	09:07 min/km
129	370	38	192	Dalena	Martin	Male	Incomplete	Nedbank	45:38	+26:12	09:07 min/km
1373	371	39	193	Ndamona	Ingashipola	Male	Incomplete	Media	45:39	+26:13	09:07 min/km
98	372	40	194	Eva-Liisa	Imene	Male	Incomplete	Nedbank	45:41	+26:15	09:08 min/km
963	373	22	179	Jeanne	Ferreira	Female	Veteran	WHK International	45:45	+26:19	09:09 min/km
1079	374	23	180	Beata	Stephanus	Female	Veteran	WHK International	45:45	+26:19	09:09 min/km
1164	375	43	181	Gien	Barrion	Female	Junior	WHK International	45:46	+26:20	09:09 min/km
1165	376	24	182	Gisela	Barrion	Female	Veteran	Windhoek International School	45:46	+26:20	09:09 min/km
1235	377	25	183	Jacinta	Coetzee	Female	Veteran	St Pauls	45:51	+26:25	09:10 min/km
1176	378	26	184	Frana	Beukes	Female	Veteran	St Pauls	45:51	+26:25	09:10 min/km
1384	379	101	185	Pamela	Itewa	Female	Open		45:51	+26:25	09:10 min/km
171	380	41	195	Martha	Shigwedha	Male	Incomplete	Nedbank	45:53	+26:27	09:10 min/km
1519	381	102	186	Keromeng	Mogosti	Female	Open	Dupwies Management Services	45:53	+26:27	09:10 min/km
1378	382	103	187	Lovisa	Ismael	Female	Open		45:53	+26:27	09:10 min/km
1152	383	104	188	Hilja	Ashimuna	Female	Open		45:54	+26:28	09:10 min/km
1682	384	105	189	ANNA	SHIKWAMANGA	Female	Open	MEAT BOARD OF NAMIBIA	45:56	+26:30	09:11 min/km
1090	385	106	190	Lallie	Umati	Female	Open	MEAT BOARD OF NAMIBIA	45:56	+26:30	09:11 min/km
1211	386	44	191	Aurora	Carew	Female	Junior	Carewfam	45:56	+26:30	09:11 min/km
1767	387	9	192	Magda	van Schoor	Female	Master	MEAT BOARD OF NAMIBIA	46:11	+26:45	09:14 min/km
99	388	42	196	ChanÃ©	Isaaks	Male	Incomplete	Nedbank	46:11	+26:45	09:14 min/km
1377	389	79	197	Dean	Isaaks	Male	Open		46:12	+26:46	09:14 min/km
1210	390	107	193	Philadelphia	Camm	Female	Open	Camm	46:12	+26:46	09:14 min/km
1468	391	27	194	Shana	Louw	Female	Veteran	MEAT BOARD OF NAMIBIA	46:12	+26:46	09:14 min/km
1739	392	108	195	YOLANDI	TJEJAMBA	Female	Open		46:13	+26:47	09:14 min/km
1859	393	109	196	Fe	Hatutale	Female	Open		46:18	+26:52	09:15 min/km
1650	394	28	197	Surayah	Rittmann	Female	Veteran		46:26	+27:00	09:17 min/km
1430	395	45	198	Twahafa	Kashindi	Female	Junior	Curro Windhoek Gymnasium	46:30	+27:04	09:18 min/km
145	396	43	198	Hileni	Namgongo	Male	Incomplete	Nedbank	46:36	+27:10	09:19 min/km
1538	397	110	199	Charlotte	Mundinda	Female	Open	Dupwies Management Services	46:41	+27:15	09:20 min/km
1625	398	80	199	Andreas	Paulus	Male	Open		46:50	+27:24	09:22 min/km

54	399	44	200	Mercia	Boois	Male	Incomplete	Nedbank	47:04	+27:38	09:24 min/km
81	400	45	201	Caroline	Gaweses	Male	Incomplete	Nedbank	47:04	+27:38	09:24 min/km
1327	401	46	200	Lily	Hahn	Female	Junior	DHPS	47:11	+27:45	09:26 min/km
1517	402	47	201	Mia	Mechnig	Female	Junior	DHPS	47:11	+27:45	09:26 min/km
1393	403	48	202	Smilla	Janka	Female	Junior	DHPS	47:11	+27:45	09:26 min/km
1073	404	29	203	Genevieve	Smith	Female	Veteran		47:22	+27:56	09:28 min/km
1489	405	111	204	Sandy	Mangani	Female	Open		47:26	+28:00	09:29 min/km
1581	406	81	202	Ndapewa	Ndemuwedha	Male	Open	Summer Goals	47:31	+28:05	09:30 min/km
1506	407	82	203	NGUUNDJA	MAURIHUNGIRIRE	Male	Open		47:33	+28:07	09:30 min/km
1653	408	112	205	Victoria	Sakaria	Female	Open	Trio Debt Collections Services	47:38	+28:12	09:31 min/km
1401	409	49	206	Inaambura	Kaapama	Female	Junior	Curro Windhoek Gymnasium	47:43	+28:17	09:32 min/km
1146	410	50	207	Kyla	Ankama	Female	Junior	Curro Windhoek Gymnasium	47:44	+28:18	09:32 min/km
130	411	46	204	Maria	Matheus	Male	Incomplete	Nedbank	47:49	+28:23	09:33 min/km
142	412	47	205	Benitha	Muule	Male	Incomplete	Nedbank	47:49	+28:23	09:33 min/km
167	413	48	206	Ezira	Santambwa	Male	Incomplete	Nedbank	47:49	+28:23	09:33 min/km
1704	414	8	208	Helena	Shoopala	Female	Incomplete		47:52	+28:26	09:34 min/km
1409	415	51	209	Weyapo	Kalili	Female	Junior		47:53	+28:27	09:34 min/km
1408	416	30	210	Siphosethu	Kalili	Female	Veteran		48:01	+28:35	09:36 min/km
1612	417	113	211	Bianca	Njembo	Female	Open	MEAT BOARD OF NAMIBIA	48:10	+28:44	09:38 min/km
1552	418	114	212	Marcious	Muyoba	Female	Open		48:12	+28:46	09:38 min/km
1134	419	57	207	Xavier	Amoroso	Male	Junior	WHK International	48:13	+28:47	09:38 min/km
1694	420	115	213	Justina	Shitaleni	Female	Open	BDO Namibia	48:15	+28:49	09:39 min/km
1685	421	116	214	Louna	Shimbundje	Female	Open	BDO Namibia	48:16	+28:50	09:39 min/km
1162	422	117	215	Levana	Barker	Female	Open	BDO Namibia	48:16	+28:50	09:39 min/km
1057	423	118	216	Monick	Resandt	Female	Open	BDO Namibia	48:17	+28:51	09:39 min/km
942	424	119	217	Anzel	Carew	Female	Open	BDO Namibia	48:17	+28:51	09:39 min/km
1851	425	120	218	Shanice	Illulia	Female	Open		48:17	+28:51	09:39 min/km
1231	426	121	219	Bronwen	Cloete	Female	Open	BDO Namibia	48:17	+28:51	09:39 min/km
1052	427	122	220	Michelle	Philander	Female	Open	BDO Namibia	48:18	+28:52	09:39 min/km
1008	428	123	221	Claudia	Louw	Female	Open	BDO Namibia	48:18	+28:52	09:39 min/km
1822	429	83	208	Martin Shally	Amushendje	Male	Open		48:18	+28:52	09:39 min/km
1039	430	124	222	Deidre	Nels	Female	Open	BDO Namibia	48:18	+28:52	09:39 min/km
955	431	125	223	Nicole	Dreyer	Female	Open	BDO Namibia	48:19	+28:53	09:39 min/km
47	432	49	209	Joyce	Asser	Male	Incomplete	Nedbank	48:19	+28:53	09:39 min/km
1385	433	126	224	Senia	Iyaambo	Female	Open	Dupwies Management Services	48:23	+28:57	09:40 min/km
1668	434	52	225	Gabrielle	Shebo	Female	Junior	St Pauls	48:25	+28:59	09:41 min/km
1696	435	127	226	Aina	Shiteta	Female	Open		48:25	+28:59	09:41 min/km
1350	436	31	227	Alma	Heyman	Female	Veteran	Elton	48:28	+29:02	09:41 min/km
977	437	128	228	Olga	Hekandjo	Female	Open	Wonder Runners	48:29	+29:03	09:41 min/km
1662	438	129	229	Hendrina	Shaanika	Female	Open	Dupwies Management Services	48:30	+29:04	09:42 min/km
1098	439	8	210	Basil	Williams Wernhil	Male	Master		48:38	+29:12	09:43 min/km

1474	440	84	211	Tapiwa	Lushetile	Male	Open		48:41	+29:15	09:44 min/km
1192	441	32	230	Wendy	Bonitz	Female	Veteran	MATITI SAFARIS	48:46	+29:20	09:45 min/km
1523	442	33	231	Molly	mols	Female	Veteran	MATITI SAFARIS	48:46	+29:20	09:45 min/km
1667	443	34	232	Loide	Shapwa	Female	Veteran	Trio Debt Collections Services	48:51	+29:25	09:46 min/km
389	444	53	233	Nevaeh	Cooper	Female	Junior	WHK International	48:55	+29:29	09:47 min/km
1011	445	58	212	Mutandzi	Lushetile	Male	Junior		48:56	+29:30	09:47 min/km
1432	446	85	213	Naboth	Katandawa	Male	Open		48:57	+29:31	09:47 min/km
1427	447	35	234	Elizabeth	Karumendu	Female	Veteran		49:03	+29:37	09:48 min/km
962	448	130	235	Hevelina	Erasmus	Female	Open	BDO Namibia	49:03	+29:37	09:48 min/km
1708	449	131	236	Mercy	Sinvula	Female	Open		49:03	+29:37	09:48 min/km
1654	450	132	237	Salome	Salome	Female	Open	BDO Namibia	49:04	+29:38	09:48 min/km
1348	451	133	238	Opumbiri	Heita	Female	Open	G Team	49:11	+29:45	09:50 min/km
999	452	14	214	Herold	Kazavanga	Male	Veteran	G Team	49:11	+29:45	09:50 min/km
1551	453	36	239	Bella	Muundjua	Female	Veteran		49:14	+29:48	09:50 min/km
1697	454	134	240	Ileni	Shithigona	Female	Open		49:14	+29:48	09:50 min/km
1597	455	54	241	Janelle	Nel	Female	Junior	Ae Gams Sport Club	49:16	+29:50	09:51 min/km
1666	456	135	242	Sylvia	Shapumba	Female	Open	WHS	49:16	+29:50	09:51 min/km
1703	457	9	243	Chenai	Shoniwa	Female	Incomplete		49:22	+29:56	09:52 min/km
1129	458	136	244	Hertha	Amakali	Female	Open		49:24	+29:58	09:52 min/km
993	459	137	245	Cesilie	Katjimune	Female	Open	Cesilie Katjimune	49:45	+30:19	09:57 min/km
1021	460	138	246	Lydia	Mlunga	Female	Open	Cesilie Katjimune	49:45	+30:19	09:57 min/km
127	461	50	215	Maiya	Mapele	Male	Incomplete	Nedbank	50:00	+30:34	10:00 min/km
162	462	51	216	Martha	Petrus	Male	Incomplete	Nedbank	50:01	+30:35	10:00 min/km
150	463	52	217	Erica	Naukushu	Male	Incomplete	Nedbank	50:01	+30:35	10:00 min/km
139	464	53	218	Bianca	Muller	Male	Incomplete	Nedbank	50:03	+30:37	10:00 min/km
1598	465	59	219	Keenan	Nel	Male	Junior	Ae Gams Sport Club	50:03	+30:37	10:00 min/km
189	466	54	220	Nita	Uusiku	Male	Incomplete	Nedbank	50:03	+30:37	10:00 min/km
1272	467	139	247	Adele	Eberenz	Female	Open		50:09	+30:43	10:01 min/km
1340	468	140	248	Clara	Hasheela	Female	Open		50:11	+30:45	10:02 min/km
1265	469	10	249	Gerda	du Plessis	Female	Master		50:11	+30:45	10:02 min/km
1055	470	37	250	Birgit	Prinsloo	Female	Veteran	Emoneko Investments	50:15	+30:49	10:03 min/km
1436	471	141	251	Utji	Kauapirura	Female	Open		50:18	+30:52	10:03 min/km
1443	472	38	252	Victoria	Sem	Female	Veteran	None	50:23	+30:57	10:04 min/km
1013	473	55	253	Namushi	Lushetile	Female	Junior		50:27	+31:01	10:05 min/km
1014	474	56	254	Tinapare	Lushetile	Female	Junior		50:28	+31:02	10:05 min/km
1012	475	142	255	Mwaka	Lushetile	Female	Open		50:28	+31:02	10:05 min/km
1638	476	15	221	George	Prinsloo	Male	Veteran	Emoneko Investments	50:35	+31:09	10:07 min/km
1303	477	57	256	Shamila	Gaomas	Female	Junior	November November	50:37	+31:11	10:07 min/km
1307	478	143	257	Renitha	Gawanas	Female	Open	Team RM	50:37	+31:11	10:07 min/km
1086	479	86	222	Malcolm	Tsuseb	Male	Open	Team RM	50:37	+31:11	10:07 min/km
1487	480	87	223	Raphael	Maletzky	Male	Open		50:39	+31:13	10:07 min/km

1715	481	144	258	Deidra	Smith	Female	Open	WHK International	50:42	+31:16	10:08 min/km
1530	482	145	259	Janice	Mouton	Female	Open		50:42	+31:16	10:08 min/km
1584	483	146	260	Maria	Ndivaye	Female	Open		50:45	+31:19	10:09 min/km
1137	484	88	224	Emilie	Amutenya	Male	Open	Old Mutual Finance	50:49	+31:23	10:09 min/km
120	485	55	225	Nadrie	Lahner	Male	Incomplete	Nedbank	50:58	+31:32	10:11 min/km
1699	486	39	261	Mabeline	Shivangulula	Female	Veteran		51:09	+31:43	10:13 min/km
172	487	56	226	Oshoshavo	Shikongo	Male	Incomplete	Nedbank	51:18	+31:52	10:15 min/km
158	488	57	227	Letta	Nkandi	Male	Incomplete	Nedbank	51:20	+31:54	10:16 min/km
943	489	40	262	Benita	Carew	Female	Veteran	Carewfam	51:22	+31:56	10:16 min/km
958	490	41	263	Emily	Durand	Female	Veteran		51:37	+32:11	10:19 min/km
1238	491	11	264	Riana	Conradie	Female	Master		51:38	+32:12	10:19 min/km
1015	492	58	228	Kieran	Main	Male	Incomplete	Main Team	51:54	+32:28	10:22 min/km
1482	493	10	265	Daniela	Main	Female	Incomplete	Main Team	51:54	+32:28	10:22 min/km
1661	494	147	266	Celize	Seibes	Female	Open		52:02	+32:36	10:24 min/km
1042	495	89	229	Likius	Neshila	Male	Open	WHS	52:03	+32:37	10:24 min/km
1717	496	90	230	Una	Smith	Male	Open	St Pauls	52:03	+32:37	10:24 min/km
1705	497	148	267	Lerato	Shovaleka	Female	Open		52:05	+32:39	10:25 min/km
1858	498	149	268	Tamara	Tamara	Female	Open		52:08	+32:42	10:25 min/km
1136	499	150	269	Annalissa	Amutenya	Female	Open	Emoneko Investments	52:08	+32:42	10:25 min/km
1579	500	151	270	Easter	Ndakondja	Female	Open		52:13	+32:47	10:26 min/km
1123	501	91	231	Tiago	Alves	Male	Open		52:16	+32:50	10:27 min/km
463	502	152	271	Mamicky	Hakandume	Female	Open		52:16	+32:50	10:27 min/km
1124	503	12	272	Virginia	Alves	Female	Master		52:16	+32:50	10:27 min/km
1043	504	153	273	Chantelle	Neves	Female	Open		52:17	+32:51	10:27 min/km
1635	505	42	274	Melanie	Pitsch	Female	Veteran		52:19	+32:53	10:27 min/km
1566	506	154	275	Tuya	Nakanyala	Female	Open		52:33	+33:07	10:30 min/km
105	507	59	232	Berdine	Jooste	Male	Incomplete	Nedbank	52:41	+33:15	10:32 min/km
1208	508	60	233	Don	Camm	Male	Incomplete	Media	52:41	+33:15	10:32 min/km
184	509	61	234	Charlene	Theron	Male	Incomplete	Nedbank	52:41	+33:15	10:32 min/km
111	510	62	235	Veziruapi	Karupa	Male	Incomplete	Nedbank	52:52	+33:26	10:34 min/km
193	511	63	236	Keziah	Van Wyk	Male	Incomplete	Nedbank	52:53	+33:27	10:34 min/km
945	512	60	237	Zane	Cloete	Male	Junior		52:59	+33:33	10:35 min/km
946	513	155	276	Qaanita	Coelho	Female	Open	WHK International	53:00	+33:34	10:36 min/km
1230	514	92	238	Zuzelle	Cloete	Male	Open		53:00	+33:34	10:36 min/km
53	515	64	239	Catherine	Beukes	Male	Incomplete	Nedbank	53:01	+33:35	10:36 min/km
967	516	43	277	Sepo	Haihambo	Female	Veteran		53:02	+33:36	10:36 min/km
1743	517	44	278	Natasha	Tjongarero	Female	Veteran	WHK International	53:04	+33:38	10:36 min/km
1871	518	156	279	Tilomalenga	Nainghoti	Female	Open		53:05	+33:39	10:37 min/km
1615	519	157	280	Albertina	Nuunyang	Female	Open	Dupwies Management Services	53:06	+33:40	10:37 min/km
186	520	65	240	Eunice	Tjituka-Katjimune	Male	Incomplete	Nedbank	53:13	+33:47	10:38 min/km
92	521	66	241	Beulah	Hindjou	Male	Incomplete	Nedbank	53:13	+33:47	10:38 min/km

152	522	67	242	Ngondjodi	Ndaaluka	Male	Incomplete	Nedbank	53:13	+33:47	10:38 min/km
198	523	68	243	Lolitha	Zemburuka	Male	Incomplete	Nedbank	53:14	+33:48	10:38 min/km
1312	524	45	281	Toini	Ghirmatsion	Female	Veteran		53:14	+33:48	10:38 min/km
1570	525	46	282	Jacobina	Nampala	Female	Veteran	Emoneko Investments	53:14	+33:48	10:38 min/km
1184	526	61	244	Senai	Biniam	Male	Junior		53:15	+33:49	10:39 min/km
1379	527	158	283	Engela	Isolde Gaomas	Female	Open	November November	53:18	+33:52	10:39 min/km
1158	528	159	284	Vanessa	Awases	Female	Open	Dupwies Management Services	53:20	+33:54	10:40 min/km
83	529	69	245	Biniam	Ghirmatsion	Male	Incomplete	Nedbank	53:21	+33:55	10:40 min/km
1793	530	160	285	Latoya	Witbooi	Female	Open	Dupwies Management Services	53:25	+33:59	10:41 min/km
1072	531	161	286	Bertha	Simon	Female	Open		53:26	+34:00	10:41 min/km
1375	532	162	287	Selma	Inyemba	Female	Open	a	53:28	+34:02	10:41 min/km
1707	533	163	288	Maria	Simon	Female	Open		53:28	+34:02	10:41 min/km
1827	534	47	289	Esme	Cloete	Female	Veteran		53:36	+34:10	10:43 min/km
1252	535	93	246	Cameron-Jon	Delie	Male	Open		53:40	+34:14	10:44 min/km
1222	536	58	290	Dione	Cloete	Female	Junior	St Georges	53:42	+34:16	10:44 min/km
1600	537	48	291	Sofia	Nel	Female	Veteran	Ae Gams Sport Club	53:44	+34:18	10:44 min/km
1608	538	13	292	Ursula	Nguvauva	Female	Master	MEAT BOARD OF NAMIBIA	53:45	+34:19	10:45 min/km
1738	539	14	293	Fabiola	Tibinyane	Female	Master	MEAT BOARD OF NAMIBIA	53:48	+34:22	10:45 min/km
181	540	70	247	Virginia	Swartbooi	Male	Incomplete	Nedbank	53:50	+34:24	10:46 min/km
1830	541	164	294	Danina	Swartbooi	Female	Open		53:50	+34:24	10:46 min/km
1080	542	165	295	Laura	Steyn	Female	Open	BDO Namibia	53:51	+34:25	10:46 min/km
1170	543	166	296	Viola	Basson	Female	Open	WHK International	53:52	+34:26	10:46 min/km
100	544	71	248	Matthew	Iyambo	Male	Incomplete	Nedbank	53:54	+34:28	10:46 min/km
932	545	94	249	Tuapeua	Angula	Male	Open	LEK	54:09	+34:43	10:49 min/km
1419	546	167	297	Landula	Kaniita	Female	Open	LEK	54:10	+34:44	10:50 min/km
1093	547	168	298	Achifa	van Wyk	Female	Open	Pupkewitz Megatech	54:21	+34:55	10:52 min/km
1420	548	169	299	Landuleni	Kaniita	Female	Open		54:24	+34:58	10:52 min/km
124	549	72	250	Anthony	Louw	Male	Incomplete	Nedbank	54:28	+35:02	10:53 min/km
953	550	59	300	Karlee-Rose	De Klerk	Female	Junior	Ae Gams Sport Club	54:30	+35:04	10:54 min/km
1246	551	62	251	Calvin	De Klerk	Male	Junior	Ae Gams Sport Club	54:30	+35:04	10:54 min/km
364	552	60	301	Karim	Boer	Female	Junior		54:35	+35:09	10:55 min/km
1308	553	170	302	Emelene	Gawases	Female	Open		54:42	+35:16	10:56 min/km
126	554	73	252	Stuart	Main	Male	Incomplete	Nedbank	54:49	+35:23	10:57 min/km
1481	555	74	253	Connor	Main	Male	Incomplete	Main Team	54:50	+35:24	10:58 min/km
199	556	75	254	Trula	Zoganas	Male	Incomplete	Nedbank	54:54	+35:28	10:58 min/km
1245	557	15	303	Elsa	de Jager	Female	Master		54:55	+35:29	10:59 min/km
1189	558	49	304	Abbelene	Boer	Female	Veteran		54:55	+35:29	10:59 min/km
1355	559	171	305	Fiona	Hoeksema	Female	Open	Hoeksemas	54:57	+35:31	10:59 min/km
1311	560	61	306	Biniam	Ghirmatsion	Female	Junior		54:57	+35:31	10:59 min/km
188	561	76	255	Fransiskus	Tshitenda	Male	Incomplete	Nedbank	54:59	+35:33	10:59 min/km
1082	562	172	307	Youlandie	Strauss	Female	Open	November November	55:06	+35:40	11:01 min/km

1877	563	62	308	Payton	Smith	Female	Junior		55:06	+35:40	11:01 min/km
1589	564	63	309	Simanekeni	Nekamba	Female	Junior		55:07	+35:41	11:01 min/km
1792	565	50	310	Marli	Williamson	Female	Veteran	Little Willy	55:08	+35:42	11:01 min/km
1275	566	51	311	Marijke	Egerer	Female	Veteran	Egerers	55:10	+35:44	11:02 min/km
1342	567	52	312	Elaine	Hatton	Female	Veteran	Big Sky Lodges	55:10	+35:44	11:02 min/km
1274	568	9	256	Manfred	Egerer	Male	Master	Egerers	55:11	+35:45	11:02 min/km
1300	569	10	257	Roger	Fussell	Male	Master	Big Sky Lodges	55:12	+35:46	11:02 min/km
1325	570	11	258	Johann	Haensel	Male	Master	Big Sky Lodges	55:13	+35:47	11:02 min/km
1747	571	53	313	Sonja	TrÃ¼mper	Female	Veteran	Big Sky Lodges	55:13	+35:47	11:02 min/km
174	572	77	259	Gladys	Shivute	Male	Incomplete	Nedbank	55:13	+35:47	11:02 min/km
1731	573	173	314	Elzane	Swartz	Female	Open	Big Sky Lodges	55:15	+35:49	11:03 min/km
1777	574	54	315	Annarien	Vorster	Female	Veteran		55:16	+35:50	11:03 min/km
1182	575	16	316	Katja	Biesemann	Female	Master	Big Sky Lodges	55:16	+35:50	11:03 min/km
90	576	78	260	Ersla	Hases	Male	Incomplete	Nedbank	55:17	+35:51	11:03 min/km
1099	577	12	261	Graeme	Williamson	Male	Master	Little Wilyams	55:18	+35:52	11:03 min/km
114	578	79	262	Moreen	Kausha	Male	Incomplete	Nedbank	55:18	+35:52	11:03 min/km
82	579	80	263	Sharieva	Gertze	Male	Incomplete	Nedbank	55:20	+35:54	11:04 min/km
2158	580	55	317	Chantel	Carstens	Female	Veteran		55:25	+35:59	11:05 min/km
1243	581	56	318	Gloudi	De Beer	Female	Veteran		55:25	+35:59	11:05 min/km
1181	582	64	319	Maurisha	Beukes	Female	Junior		55:35	+36:09	11:07 min/km
1177	583	174	320	Laetitia	Beukes	Female	Open		55:35	+36:09	11:07 min/km
1110	584	175	321	Runner	Beukes Lizelle	Female	Open	Die Beukes Squad	55:37	+36:11	11:07 min/km
1166	585	176	322	Stephanie	Barry	Female	Open		55:37	+36:11	11:07 min/km
1102	586	57	323	Danny	Beukes	Female	Veteran	Die Beukes Squad	55:37	+36:11	11:07 min/km
49	587	81	264	Sorialtha	Awases	Male	Incomplete	Nedbank	55:44	+36:18	11:08 min/km
107	588	82	265	Meliza	Kahambundu	Male	Incomplete	Nedbank	55:44	+36:18	11:08 min/km
1690	589	177	324	Elizabeth	Shingenge	Female	Open		55:55	+36:29	11:11 min/km
1037	590	178	325	Magdalena	Nekongo	Female	Open		56:12	+36:46	11:14 min/km
133	591	83	266	Sauraya	Mcleod	Male	Incomplete	Nedbank	56:19	+36:53	11:15 min/km
1847	592	17	326	Alexinah	Muadinihamba	Female	Master		56:25	+36:59	11:17 min/km
148	593	84	267	Renate	Naruses	Male	Incomplete	Nedbank	56:27	+37:01	11:17 min/km
1434	594	179	327	Tjari	Katjivukua	Female	Open	MATITI SAFARIS	56:27	+37:01	11:17 min/km
1188	595	180	328	Desiree	Bock	Female	Open		56:30	+37:04	11:18 min/km
1372	596	181	329	Alice-Ally	Indongo	Female	Open	Slime	56:30	+37:04	11:18 min/km
1032	597	182	330	Anita	Naris	Female	Open		56:31	+37:05	11:18 min/km
1038	598	95	268	Natangwe	Nekuiyu	Male	Open	Slime	56:32	+37:06	11:18 min/km
1678	599	183	331	Liinah	Shikesho	Female	Open	Trio Debt Collections Services	56:36	+37:10	11:19 min/km
976	600	96	269	Tuhafeni	Haufiku	Male	Open	Windhoek City Runner	56:36	+37:10	11:19 min/km
1089	601	184	332	Lezial	Uises	Female	Open	Trio Debt Collections Services	56:37	+37:11	11:19 min/km
1022	602	13	270	Jerry	Muadinohamba	Male	Master	Windhoek City Runner	56:38	+37:12	11:19 min/km
1009	603	97	271	Dudley	Lucas	Male	Open	Trio Debt Collections Services	56:38	+37:12	11:19 min/km

956	604	185	333	Chantal	Du Plessis	Female	Open		56:40	+37:14	11:20 min/km
1499	605	186	334	Simone	Martins	Female	Open		56:40	+37:14	11:20 min/km
970	606	18	335	Ndahafa	Hamata	Female	Master	NRKH	56:42	+37:16	11:20 min/km
1486	607	98	272	Chazi	Malango	Male	Open		56:47	+37:21	11:21 min/km
1288	608	187	336	Sepiso	Fenyeho	Female	Open		56:49	+37:23	11:21 min/km
1716	609	99	273	Jean-Paul	Smith	Male	Open		56:56	+37:30	11:23 min/km
1212	610	188	337	Debbie	Carew	Female	Open	Carewfam	56:57	+37:31	11:23 min/km
947	611	189	338	Debisa	Cooper	Female	Open	Windhoek International School	57:00	+37:34	11:24 min/km
197	612	85	274	Brumilda	Willemse	Male	Incomplete	Nedbank	57:09	+37:43	11:25 min/km
39	613	86	275	Roseline	Afrikaner	Male	Incomplete	Nedbank	57:11	+37:45	11:26 min/km
57	614	87	276	Liezel	Bosch	Male	Incomplete	Nedbank	57:14	+37:48	11:26 min/km
58	615	88	277	Bonite	Boyce	Male	Incomplete	Nedbank	57:17	+37:51	11:27 min/km
157	616	89	278	Winnie	Nickel	Male	Incomplete	Nedbank	57:23	+37:57	11:28 min/km
1354	617	63	279	Erich	Hishidimbwa	Male	Junior	November November	57:24	+37:58	11:28 min/km
1865	618	16	280	Ono Armesta	Angula	Male	Veteran		57:29	+38:03	11:29 min/km
1048	619	100	281	Given	Oarum	Male	Open	Pupkewitz Megatech	57:37	+38:11	11:31 min/km
231	620	65	339	Aveshe	Kadhikua	Female	Junior		57:55	+38:29	11:35 min/km
106	621	90	282	Johanna	Kadhikua	Male	Incomplete	Nedbank	58:05	+38:39	11:37 min/km
80	622	91	283	Jacques	Fredericks	Male	Incomplete	Nedbank	58:06	+38:40	11:37 min/km
1660	623	58	340	Hartjie	Scholtz	Female	Veteran		58:08	+38:42	11:37 min/km
1091	624	64	284	Tristian	van der Merwe	Male	Junior	Team Twinsies	58:11	+38:45	11:38 min/km
1179	625	190	341	Zulerine	Beukes	Female	Open		58:15	+38:49	11:39 min/km
1223	626	66	342	Isaiah	Cloete	Female	Junior		58:17	+38:51	11:39 min/km
1224	627	19	343	Juliana	Cloete	Female	Master		58:19	+38:53	11:39 min/km
1444	628	65	285	Fionn	Kisting	Male	Junior	Windhoek International School	58:21	+38:55	11:40 min/km
1077	629	191	344	Ruth	Spiegel	Female	Open		58:35	+39:09	11:43 min/km
1848	630	59	345	Adonia	Cornelius	Female	Veteran		58:36	+39:10	11:43 min/km
1669	631	192	346	Sophia	Sheehama	Female	Open		58:45	+39:19	11:45 min/km
1505	632	60	347	Fransina	Matsi	Female	Veteran		58:46	+39:20	11:45 min/km
64	633	92	286	Faith	Cloete	Male	Incomplete	Nedbank	58:53	+39:27	11:46 min/km
1001	634	61	348	Seodhna	Keown	Female	Veteran	Windhoek International School	58:53	+39:27	11:46 min/km
166	635	93	287	Xenia	Rheent	Male	Incomplete	Nedbank	58:56	+39:30	11:47 min/km
169	636	94	288	Kevin	Shanyengange	Male	Incomplete	Nedbank	58:57	+39:31	11:47 min/km
1684	637	193	349	Lovisa	Shimbango	Female	Open	MATITI SAFARIS	59:06	+39:40	11:49 min/km
1537	638	194	350	Annette	Mulonga	Female	Open	MATITI SAFARIS	59:06	+39:40	11:49 min/km
1068	639	195	351	Maria	Shiyanga	Female	Open	Windhoek City Runner	59:08	+39:42	11:49 min/km
1439	640	196	352	Eyonda	Kavita	Female	Open		59:09	+39:43	11:49 min/km
173	641	95	289	Helena	Shikulo	Male	Incomplete	Nedbank	59:16	+39:50	11:51 min/km
155	642	96	290	Saara	Nehale	Male	Incomplete	Nedbank	59:17	+39:51	11:51 min/km
1421	643	197	353	Diina	Kanyangela	Female	Open		59:22	+39:56	11:52 min/km
123	644	97	291	Alicia	Loftie-Eaton	Male	Incomplete	Nedbank	59:25	+39:59	11:53 min/km

136	645	98	292	BERNADETTE	MOOTSENG	Male	Incomplete	Nedbank	59:25	+39:59	11:53 min/km
135	646	99	293	Jerome	Moller	Male	Incomplete	Nedbank	59:40	+40:14	11:56 min/km
180	647	100	294	Danhage	Stuurman	Male	Incomplete	Nedbank	59:50	+40:24	11:58 min/km
118	648	101	295	Christopher	Kubas	Male	Incomplete	Nedbank	59:55	+40:29	11:59 min/km
1456	649	198	354	Shariefa	Kubas	Female	Open		59:56	+40:30	11:59 min/km
1381	650	20	355	Rebekka	Itembu	Female	Master	WHK International	1:00:09	+40:43	12:01 min/km
1242	651	66	296	Geraldo	De Beer	Male	Junior	Emoneko Investments	1:00:10	+40:44	12:02 min/km
952	652	62	356	Yolande	De Beer	Female	Veteran	Emoneko Investments	1:00:20	+40:54	12:04 min/km
1639	653	67	357	Laura	Prinsloo	Female	Junior	Emoneko Investments	1:00:21	+40:55	12:04 min/km
1094	654	199	358	Talita	Van Wyngaard	Female	Open	Emoneko Investments	1:00:22	+40:56	12:04 min/km
1298	655	67	297	Kian	Fussell	Male	Junior	Big Sky Lodges	1:00:27	+41:01	12:05 min/km
1446	656	68	298	Niels	Knoetze	Male	Junior	Family Knoetze	1:00:28	+41:02	12:05 min/km
1328	657	69	299	Micah	Haihambo	Male	Junior		1:00:28	+41:02	12:05 min/km
272	658	68	359	Micah	Steenkamp	Female	Junior		1:00:30	+41:04	12:06 min/km
1512	659	69	360	Dani	McNamara	Female	Junior	Windhoek International School	1:00:30	+41:04	12:06 min/km
1514	660	17	300	Rowan	McNamara	Male	Veteran	Windhoek International School	1:00:31	+41:05	12:06 min/km
72	661	102	301	Victoria	Diergaardt	Male	Incomplete	Nedbank	1:01:01	+41:35	12:12 min/km
70	662	103	302	Alphea	De Klerk	Male	Incomplete	Nedbank	1:01:01	+41:35	12:12 min/km
192	663	104	303	Horatius	Van Wyk	Male	Incomplete	Nedbank	1:01:01	+41:35	12:12 min/km
1085	664	101	304	Bendict	Tshoombe	Male	Open		1:01:07	+41:41	12:13 min/km
1748	665	200	361	Ndina	Tshoombe	Female	Open		1:01:07	+41:41	12:13 min/km
1623	666	201	362	Josefina	Oskar	Female	Open		1:01:11	+41:45	12:14 min/km
1721	667	63	363	Lauren	Stainton	Female	Veteran	Lol & Tots	1:01:24	+41:58	12:16 min/km
1795	668	64	364	Taryn	Zehrt	Female	Veteran	Lol & Tots	1:01:25	+41:59	12:17 min/km
972	669	70	365	Faith	Hamunyela	Female	Junior	Team Yeah Yeah	1:01:33	+42:07	12:18 min/km
1811	670	102	305	Jg	van der Westhuizen	Male	Open		1:01:34	+42:08	12:18 min/km
1700	671	71	366	Mikayla	Shivangulula	Female	Junior		1:02:06	+42:40	12:25 min/km
1656	672	202	367	Zaidee	Sam	Female	Open		1:02:10	+42:44	12:26 min/km
1869	673	203	368	Veronica L	Matias	Female	Open		1:02:10	+42:44	12:26 min/km
1061	674	72	369	Rainbow	Sam	Female	Junior		1:02:11	+42:45	12:26 min/km
365	675	73	370	Sheya	Boer	Female	Junior		1:02:21	+42:55	12:28 min/km
1215	676	21	371	Afra	Chase	Female	Master		1:02:21	+42:55	12:28 min/km
76	677	105	306	Tangeni	Erkana	Male	Incomplete	Nedbank	1:02:26	+43:00	12:29 min/km
1320	678	65	372	Cizelle	Goncalves	Female	Veteran		1:02:49	+43:23	12:33 min/km
194	679	106	307	Yvette	Van Wyk	Male	Incomplete	Nedbank	1:02:51	+43:25	12:34 min/km
1649	680	103	308	Emile	Rittmann	Male	Open	Big Sky Lodges	1:02:51	+43:25	12:34 min/km
1283	681	204	373	Monique	Farao	Female	Open		1:02:52	+43:26	12:34 min/km
1647	682	205	374	Amy	Rittmann	Female	Open	Big Sky Lodges	1:02:53	+43:27	12:34 min/km
1004	683	22	375	Grace	Kubas	Female	Master		1:03:15	+43:49	12:39 min/km
1217	684	66	376	Philanda	Chishaan	Female	Veteran	Team Rodger	1:03:15	+43:49	12:39 min/km
1634	685	74	377	Udara	Pillay	Female	Junior	Emoneko Investments	1:03:15	+43:49	12:39 min/km

1813	686	206	378	Jane	Ikela	Female	Open		1:03:16	+43:50	12:39 min/km
1218	687	75	379	Samuel	Chishaan	Female	Junior	Team Rodger	1:03:16	+43:50	12:39 min/km
1053	688	18	309	Yugen	Pillay	Male	Veteran	Emoneko Investments	1:03:17	+43:51	12:39 min/km
1648	689	76	380	Chelsea	Rittmann	Female	Junior	Big Sky Lodges	1:03:17	+43:51	12:39 min/km
154	690	107	310	Marth	Negonga	Male	Incomplete	Nedbank	1:03:39	+44:13	12:43 min/km
1036	691	77	381	Naligwanithwe	Negonga	Female	Junior	Team Yeah Yeah	1:03:39	+44:13	12:43 min/km
1632	692	78	382	Mirdhu	Pillay	Female	Junior	Emoneko Investments	1:03:51	+44:25	12:46 min/km
1866	693	79	383	Armani Alexandra	Angula	Female	Junior		1:03:53	+44:27	12:46 min/km
1633	694	80	384	Nirjara	Pillay	Female	Junior	Emoneko Investments	1:03:55	+44:29	12:47 min/km
1629	695	67	385	Shaarla	Persadh	Female	Veteran	Emoneko Investments	1:03:55	+44:29	12:47 min/km
557	696	81	386	Etuna	Kadhikua	Female	Junior		1:03:57	+44:31	12:47 min/km
558	697	82	387	Tulela	Kadhikua	Female	Junior		1:04:14	+44:48	12:50 min/km
1270	698	14	311	Koos	du Toit	Male	Master		1:04:21	+44:55	12:52 min/km
1269	699	23	388	Anina	du Toit	Female	Master		1:04:21	+44:55	12:52 min/km
74	700	108	312	Wilbur	Du Plessis	Male	Incomplete	Nedbank	1:04:51	+45:25	12:58 min/km
160	701	109	313	Onesmus	Onesmus	Male	Incomplete	Nedbank	1:04:57	+45:31	12:59 min/km
163	702	110	314	Angelika	Piras	Male	Incomplete	Nedbank	1:05:01	+45:35	13:00 min/km
1259	703	207	389	Leandre	Du Plessis	Female	Open		1:05:02	+45:36	13:00 min/km
1310	704	68	390	Georgie	Georgie	Female	Veteran	BDO Namibia	1:05:24	+45:58	13:04 min/km
177	705	111	315	Hilma	Simon	Male	Incomplete	Nedbank	1:05:34	+46:08	13:06 min/km
1558	706	11	391	Penondjila	N N Erastus	Female	Incomplete	Team Yeah Yeah	1:05:34	+46:08	13:06 min/km
961	707	208	392	Sylvia	Erastus	Female	Open	Team Yeah Yeah	1:05:38	+46:12	13:07 min/km
1529	708	24	393	Charlotte	Mouton	Female	Master		1:05:53	+46:27	13:10 min/km
1543	709	209	394	Dionne	Musvamiri	Female	Open		1:06:59	+47:33	13:23 min/km
1233	710	104	316	Tiago	Coelho	Male	Open	WHK International	1:07:10	+47:44	13:26 min/km
1525	711	12	395	Ivy	Monteiro	Female	Incomplete	Team Twinsies	1:07:45	+48:19	13:33 min/km
1524	712	13	396	Ella	Monteiro	Female	Incomplete	Team Twinsies	1:07:50	+48:24	13:34 min/km
1760	713	210	397	Tina	van der Merwe	Female	Open	Team Twinsies	1:07:51	+48:25	13:34 min/km
1526	714	105	317	Nando	Monteiro	Male	Open	Team Twinsies	1:07:52	+48:26	13:34 min/km
1527	715	211	398	Vicky	Monteiro	Female	Open	Team Twinsies	1:07:52	+48:26	13:34 min/km
1475	716	212	399	Elizabeth	M Kandjabanga	Female	Open	Team Yeah Yeah	1:07:53	+48:27	13:34 min/km
986	717	70	318	Ethan	Johannes	Male	Junior	Team Yeah Yeah	1:07:54	+48:28	13:34 min/km
1723	718	71	319	Gerfinus	Stefanus	Male	Junior		1:08:11	+48:45	13:38 min/km
178	719	112	320	Johanna	Siteketa	Male	Incomplete	Nedbank	1:08:13	+48:47	13:38 min/km
1710	720	72	321	Albert	Sisanda	Male	Junior		1:08:16	+48:50	13:39 min/km
1428	721	213	400	Rosalia	Kasanga	Female	Open	DBikes	1:08:16	+48:50	13:39 min/km
1229	722	73	322	Riise	Cloete	Male	Junior	R&R	1:09:32	+50:06	13:54 min/km
1645	723	214	401	Ilge	Rheent	Female	Open		1:09:49	+50:23	13:57 min/km
1139	724	106	323	Stephanus	Ananias	Male	Open		1:09:50	+50:24	13:58 min/km
1433	725	215	402	Grace	Katjipu	Female	Open	Trio Debt Collections Services	1:09:50	+50:24	13:58 min/km
1640	726	107	324	Johanna	Rafael	Male	Open	Trio Debt Collections Services	1:09:50	+50:24	13:58 min/km

1388	727	74	325	Hinata	Izutsu	Male	Junior	Windhoek International School	1:11:19	+51:53	14:15 min/km
1141	728	216	403	Loide	Andreas	Female	Open	Wonder Runners	1:12:26	+53:00	14:29 min/km
1832	729	108	326	Oliver	Wilhelm	Male	Open		1:16:10	+56:44	15:14 min/km
46	730	113	327	Ndataala	Angula	Male	Incomplete	Nedbank	1:16:21	+56:55	15:16 min/km
125	731	114	328	Hermanus	Louw	Male	Incomplete	Nedbank	1:17:14	+57:48	15:26 min/km
1044	732	109	329	Freddy	Nghidishange	Male	Open	Kitty Kats	1:17:21	+57:55	15:28 min/km
1383	733	217	404	Taimi	Itembu	Female	Open	WHK International	1:18:35	+59:09	15:43 min/km
1380	734	83	405	Ava	Itembu	Female	Junior	WHK International	1:18:35	+59:09	15:43 min/km
1749	735	15	330	Goliath	Tujendapi	Male	Master	MEAT BOARD OF NAMIBIA	1:22:24	+1:02:58	16:28 min/km
144	736	115	331	Helena	Namboga	Male	Incomplete	Nedbank	1:32:19	+1:12:53	18:27 min/km
1361	737	110	332	Tomas	Hosianna Shiyanga	Male	Open	Windhoek City Runner	1:34:13	+1:14:47	18:50 min/km
1509	738	16	333	Birgit	Mayer	Male	Master		1:36:34	+1:17:08	19:18 min/km
1627	739	25	406	Silke	Pennefather	Female	Master		1:39:33	+1:20:07	19:54 min/km
985	740	218	407	Lucia	Iyaloo	Female	Open		1:43:49	+1:24:23	20:45 min/km
161	741	116	334	Panduleni	Paulus	Male	Incomplete	Nedbank	1:43:57	+1:24:31	20:47 min/km
119	742	117	335	Roger	Kubas	Male	Incomplete	Nedbank	2:13:52	+1:54:26	26:46 min/km
179	743	118	336	Joanne	Sitler	Male	Incomplete	Nedbank	2:13:53	+1:54:27	26:46 min/km
89	744	119	337	Anelda	Harmse	Male	Incomplete	Nedbank	2:13:55	+1:54:29	26:47 min/km
1349	745	111	338	Lercy	Hendricks	Male	Open	Team Rodger	2:13:55	+1:54:29	26:47 min/km
1276	746	219	408	Deonie	Eksteen	Female	Open	Team Rodger	2:13:56	+1:54:30	26:47 min/km
1024	747	26	409	Agnes	Museke	Female	Master	Team Rodger	2:13:58	+1:54:32	26:47 min/km
1353	748	112	339	Tuhafeni	Hilukiluah	Male	Open		2:14:09	+1:54:43	26:49 min/km