

Citi Dash 2024 - 5km Fun Run

No.	Name	Surname	Gen.	Group Item	Time	Pace
967	Hanekom	Jaco	Male	Nedbank Staff	19:18.527	03:51 min/km
731	Shikulo	Timoteus	Male	Schoemans	20:17.706	04:03 min/km
773	Diehl	Aiden	Male	DHPS	20:18.732	04:03 min/km
904	Amaes	Abreu	Male		20:41.476	04:08 min/km
2594	JD	Nel	Male		21:52.491	04:22 min/km
1347	niilenge	Tomas	Male		22:02.961	04:24 min/km
346	Ngarizemo	Uripoajao	Male	Dagbreek	22:16.176	04:27 min/km
1097	Conradie	Ikus	Male		22:42.898	04:32 min/km
1000	Willemse	Dan-Nico	Male		22:48.960	04:33 min/km
815	Nicol-Wilson	Zeus	Male	Nicol-Wilson	23:27.490	04:41 min/km
735	Shikolonya	Angula	Male	Pupkewitz Megatech	23:28.661	04:41 min/km
977	Goodheart	Callyn	Female		24:22.271	04:52 min/km
1337	Diehl	Thomas	Male		24:24.470	04:52 min/km
2262	Paavo	Hamata	Male		24:28.405	04:53 min/km
1365	Bronner	Willa	Female		25:31.144	05:06 min/km
569	Fennessy	Luca	Male	Giraffe Conservation Foundation	25:33.069	05:06 min/km
572	Brown	Michael	Male	Giraffe Conservation Foundation	25:34.458	05:06 min/km
281	Camm - Namibia Economist	Don	Male	Nedbank Media	25:36.468	05:07 min/km
776	Buttner	Tristen	Male	DHPS	26:12.571	05:14 min/km
2242	Wilder	Van Drunen	Male	WHK International	26:26.716	05:17 min/km
27	Josef	Nitzborn	Male	Nedbank Staff	26:35.479	05:19 min/km
908	Gowaseb	ADRIAN	Male		27:08.562	05:25 min/km
2601	Stephan	Boonzaier	Male		27:08.609	05:25 min/km
2260	Phillip	Oldenburg	Female		27:13.458	05:26 min/km
1151	Buttner	Katja	Female		27:19.669	05:27 min/km
1175	de Lange	Leonie	Female		27:22.195	05:28 min/km
1297	Heita	Junior	Male	Twin Power	27:26.875	05:29 min/km
1378	Dias	Zyana	Female	St Pauls	27:52.605	05:34 min/km
872	Chingona	Michael	Male	Unam Biology Society	27:52.931	05:34 min/km
539	Mauha	Rodriques	Male	EY Namibia	27:59.591	05:35 min/km
354	Engelbrecht	Willem	Male	Dagbreek	28:00.589	05:36 min/km
1115	Lewies	Janè	Female		28:05.904	05:37 min/km
1375	Dias	Zuriel	Male	St Pauls	28:06.974	05:37 min/km
568	Mbaiwa	Kudakwashe	Male	Giraffe Conservation Foundation	28:10.961	05:38 min/km
2566	Hilma	Inkono	Female	KAHM	28:17.024	05:39 min/km
1014	Shilongo	Eliaser	Male		28:30.746	05:42 min/km
678	van Schoor	Magda	Female	LIVESTOCK AND LIVESTOCK PRODUCTS BOARD OF NAM	28:39.634	05:43 min/km
1319	Ahrens	Silke	Female		28:41.459	05:44 min/km
334	Kooper	Petro	Male	Dagbreek	28:58.788	05:47 min/km
340	Kaiko	Shannon	Female	Dagbreek	28:59.510	05:47 min/km
1068	Cloete	Gilberto	Male		29:01.656	05:48 min/km
520	Sivertsen	Luc	Male	EY Namibia	29:03.637	05:48 min/km
1371	Iewies	zarika	Female		29:06.022	05:49 min/km
1005	Noabeb	Desmond	Male		29:06.244	05:49 min/km
578	Sankombo	Sibolile	Male	Giraffe Conservation Foundation	29:06.342	05:49 min/km
1350	Martin	Tuundjakuje	Male		29:10.753	05:50 min/km
2606	Nina	Ferreira	Female		29:15.505	05:51 min/km
273	Mupupa	Kuukuluntu	Female	Goreangab J.S.S Group 2	29:16.739	05:51 min/km
694	Nalushiya	Job	Male	Paramount/Nammed	29:19.927	05:51 min/km
841	Ndishishi	Paulus	Male	Showmax Namibia	29:21.776	05:52 min/km
2236	Micah	Steenkamp	Female		29:25.951	05:53 min/km
2244	Mia	Winter	Female	WHK International	29:27.265	05:53 min/km
842	Iben	Malte	Male	Team Iben	29:33.168	05:54 min/km
1184	Schuck	Lorenz	Male		29:33.773	05:54 min/km
765	Jankouskas	Andrius	Male	Ecolux Trading	29:33.816	05:54 min/km

766	Loots	Jurie	Male	Ecolux Trading	29:34.124	05:54 min/km
768	Mbaoroka	Lourens	Male	Ecolux Trading	29:44.083	05:56 min/km
1080	Voigts	Heiko	Male		29:44.102	05:56 min/km
2585	Michelle	Van Jaarsveldt	Female	St Pauls	29:49.731	05:57 min/km
1212	Conradie	Marlien	Female		29:53.370	05:58 min/km
1198	Greyvenstein	Marco	Male		29:57.707	05:59 min/km
491	Van Wyk	Christie	Male	EY Namibia	30:02.154	06:00 min/km
492	Van Wyk	Danica	Female	EY Namibia	30:02.510	06:00 min/km
2541	Alexandro	Marques	Male	Da Runnas	30:04.390	06:00 min/km
2481	Zelayah	Langenhoven	Female	Da Runnas	30:04.612	06:00 min/km
869	David	David	Male	Unam Biology Society	30:08.744	06:01 min/km
920	Sem	Ally	Male		30:15.459	06:03 min/km
2210	Juli	Vogel	Female		30:17.964	06:03 min/km
2562	Gabrielle	Shebo	Female	St Pauls	30:19.798	06:03 min/km
355	Auchamub	Zackery	Male	Dagbreek	30:23.857	06:04 min/km
2239	Laken	Van Drunen	Female	WHK International	30:31.051	06:06 min/km
2593	Jadine	van Wyk	Female		30:34.149	06:06 min/km
1119	Janser	Jayden	Male	WHS	30:34.152	06:06 min/km
942	Nauseb	Annaias	Male		30:54.360	06:10 min/km
338	Kooper	Rodrick	Male	Dagbreek	30:56.699	06:11 min/km
341	Shapumba	Sheehama	Female	Dagbreek	30:57.068	06:11 min/km
481	Shapange	Saavi	Female	Dupwies Management Services CC	30:59.782	06:11 min/km
632	Mbenzi	Raphael	Male	Entrepo Finance	31:00.653	06:12 min/km
461	Simasiku	Leonard	Male	Dupwies Management Services CC	31:00.718	06:12 min/km
1065	Burger	Gert	Male		31:02.607	06:12 min/km
1335	Hoeksema	Theo	Male		31:08.679	06:13 min/km
1004	van Rensburg	Deon	Male		31:15.931	06:15 min/km
2211	Ben	M U Kadhila	Male		31:19.976	06:15 min/km
1152	Nienaber	Kaylee	Female		31:20.538	06:16 min/km
975	Bock	Byron	Male		31:20.678	06:16 min/km
2208	Nicci	Koegelenberg	Female		31:20.948	06:16 min/km
1336	Schaum	Theresa	Female		31:27	06:17 min/km
400	Mvula	Timoteus	Male	Giraffe Conservation Foundation	31:31.934	06:18 min/km
1011	Otto	Drey-Andra	Female		31:32.481	06:18 min/km
2465	Shiloh-Ezara	Nghihlua	Female		31:34.258	06:18 min/km
1015	Gei-khoibeb	Elijah	Male		31:34.701	06:18 min/km
1266	Kustaa	Puumue	Male		32:00.552	06:24 min/km
489	Bezuidenhout	Cara	Female	EY Namibia	32:10.544	06:26 min/km
344	Mbaisa	Undamuje	Male	Dagbreek	32:10.727	06:26 min/km
337	Kauatuapehi	Robert	Male	Dagbreek	32:11.752	06:26 min/km
744	Kavikairiua	Tjiuue	Male	Pupkewitz Megatech	32:16.082	06:27 min/km
993	de Lange	Claire	Female		32:31.687	06:30 min/km
510	Sukali	Jeffrey	Male	EY Namibia	32:34.594	06:30 min/km
736	de Koe	Charlton	Male	Pupkewitz Megatech	32:47.631	06:33 min/km
745	Abrahams	Aldrin	Male	Abrahams	32:52.640	06:34 min/km
1123	Uchezuba	Jennifer	Female		32:58.615	06:35 min/km
1368	Bronner	Wimpie	Male		33:04.980	06:36 min/km
1277	Shikongo	Rebeka	Female		33:05.525	06:37 min/km
994	Coetzee	Claudia	Female		33:09.631	06:37 min/km
2560	Erkkie	Awene	Male		33:13.723	06:38 min/km
1066	Van Wyk	Gert	Male		33:22.625	06:40 min/km
2542	Amalia	Amushelelo	Female	KAHM	33:27.225	06:41 min/km
691	Tshekuzah	Caera	Female	Paramount/Nammed	33:42.359	06:44 min/km
2474	Varsha	Singh	Female		33:43.418	06:44 min/km
2243	Siddhartha	Schroeder	Male	WHK International	33:44.217	06:44 min/km
2247	Jamie	Vinson	Female	WHK International	33:46.954	06:45 min/km
335	Karombona	Rico	Male	Dagbreek	33:47.652	06:45 min/km
2238	North	Van Drunen	Male	WHK International	33:47.951	06:45 min/km

1132	Oskar	Jossy	Female		33:59.632	06:47 min/km
916	Aipinge	Albertina	Female		34:03.566	06:48 min/km
615	Sakaria	Victoria	Female	Trio Debt Collection Services	34:04.076	06:48 min/km
759	Nimengobe	Weya	Male	AVIVA and the Champs	34:07.459	06:49 min/km
1122	Januarie	Jean	Male		34:17.285	06:51 min/km
1193	Hofeni	Lydia	Female		34:25.732	06:53 min/km
3	Alex	Kamboua	Male	Nedbank Staff	34:26.076	06:53 min/km
250	Muhammad	Zylia	Female	Nedbank Staff	34:26.520	06:53 min/km
1338	Elliott	Thomas	Male		34:29.471	06:53 min/km
626	Verwey	Linmarie	Female	Dalena Botes Biokinetics	34:40.257	06:56 min/km
620	Verwey	Arina	Female	Dalena Botes Biokinetics	34:40.611	06:56 min/km
823	Thirion	Christine	Female	Oud maar nie koud	34:47.904	06:57 min/km
1178	Naholo	Linda	Female		34:51.537	06:58 min/km
1017	Ileka	Elina	Female		34:53.838	06:58 min/km
1280	Hunibeb	Richard	Male		34:55.418	06:59 min/km
1034	Du Plessis	Estelle	Female		34:55.953	06:59 min/km
1224	McFarlane	Max	Male		35:00.137	07:00 min/km
1257	Nahango	Paskaria	Female		35:03.610	07:00 min/km
1320	Pennefather	Silke	Female		35:07.104	07:01 min/km
637	Coetsee	Anischa	Female	Impact Tank	35:09.020	07:01 min/km
1302	likuyu	Ruth	Female		35:10.242	07:02 min/km
845	Iben	Tanja	Female	Team Iben	35:11.959	07:02 min/km
2200	Birgit	de Lange	Female		35:12.646	07:02 min/km
1173	Delie	Leigh-Anne	Female		35:12.690	07:02 min/km
1146	Trumper	Karen	Female		35:14.426	07:02 min/km
639	Ngoy	Christian	Male	Impact Tank	35:16.404	07:03 min/km
1157	van Graan	Klara	Female		35:20.064	07:04 min/km
1244	Amushila	Nicky	Male		35:20.066	07:04 min/km
828	Kapiye	Mikayla	Female	Poortjies se Bokkies	35:21.312	07:04 min/km
1096	Shivute	iina-kaarina	Female		35:23.425	07:04 min/km
517	Bezuidenhout	Johannes	Male	EY Namibia	35:23.571	07:04 min/km
395	Ghirmatsion	Biniam	Male	Nedbank Staff	35:28.042	07:05 min/km
197	Lahner	Shaun	Male	Nedbank Staff	35:30.460	07:06 min/km
107	Lahner	Nadrie	Male	Nedbank Staff	35:31.086	07:06 min/km
1160	Rachel Nkole	Kuunamwene	Female		35:32.868	07:06 min/km
299	Kandukira - New Era	Sylvester	Male	Nedbank Media	35:34.136	07:06 min/km
358	Johannes	Bernadine	Female	Nedbank Staff	35:34.270	07:06 min/km
2547	Bonnety	Mumbalu	Female		35:41.537	07:08 min/km
953	Nkole	Apete	Male		35:42.269	07:08 min/km
948	Moller	Anthony	Male		35:51.087	07:10 min/km
1171	swartz	leandre	Female		35:59.218	07:11 min/km
946	Walters	Ann-Margaret	Female		36:00.070	07:12 min/km
1252	Nelumbu	Ohole	Female		36:04.246	07:12 min/km
1268	Kanyemba	Rachel	Female		36:16.287	07:15 min/km
5	Alicia	Loftie-Eaton	Female	Nedbank Staff	36:16.497	07:15 min/km
2226	Martha	Thomas	Female		36:19.932	07:15 min/km
1029	Konstantin	Emilia	Female		36:20.415	07:16 min/km
2592	Mervin	Kensington	Male		36:22.936	07:16 min/km
1026	Hayford	Elvena	Female		36:24.509	07:16 min/km
1348	Angula	Tuapeua	Male		36:27.827	07:17 min/km
1127	Uugwanga	Johanna	Female		36:29.198	07:17 min/km
2591	Laimi	Angala	Female		36:30.388	07:18 min/km
1325	van Graan	Stef	Male		36:33.640	07:18 min/km
990	Katjiutua	Christa	Female		36:35.454	07:19 min/km
1052	Nangolo	Fimanekeni	Male		36:36.963	07:19 min/km
2572	Justine	Nghikongelwa	Female	Nghikongelwa	36:39.212	07:19 min/km
188	Shiponeni	Selma	Male	Nedbank Staff	36:45.307	07:21 min/km
366	Andreas	Timo	Male	T-Rex	36:48.195	07:21 min/km

1272	Katondoka	Rauha	Female		36:50.463	07:22 min/km
1028	Niipare	Emeritha	Female		36:57.203	07:23 min/km
2248	Ndapewa	Meitaalo	Female		36:57.307	07:23 min/km
1340	Kamburona	Thusnelde	Male		36:58.268	07:23 min/km
472	Hamundjebo	Ndahambelega	Female	Dupwies Management Services CC	36:59.816	07:23 min/km
2582	Martha	Inkono	Female	KAHM	37:03.641	07:24 min/km
1300	Gebhard	Ruth	Female		37:08.595	07:25 min/km
1303	Kappa	Ruth	Female		37:08.702	07:25 min/km
854	van Rooi	Francois	Male	terratec Geophysical Services Namibia cc	37:28.319	07:29 min/km
1318	Kapembe	Silas	Male		37:30.260	07:30 min/km
328	Kazapua	Muvatere	Male	Dagbreek	37:46.890	07:33 min/km
2206	Annette	StaffordEvans	Female		37:47.633	07:33 min/km
1315	Hamutenya	Sexon	Male		38:07.336	07:37 min/km
488	McLaren	Alexandra	Female	EY Namibia	38:12.259	07:38 min/km
1331	Van Wyk	Suzette	Female		38:14.580	07:38 min/km
1162	Hailulu	Lahja	Female		38:16.434	07:39 min/km
2457	Porsha	Beukes	Female		38:22.284	07:40 min/km
479	Amakali	Rosa	Female	Dupwies Management Services CC	38:22.322	07:40 min/km
941	Winter	Anna	Female		38:36.021	07:43 min/km
811	De Wee	Andre	Male	Namibia Elite Supplies Cx	38:41.413	07:44 min/km
1287	Namupolo	Rose-Mary	Female		38:52.506	07:46 min/km
934	Matthews	Angelica	Female		38:57.306	07:47 min/km
2460	Rugaya	Erasmus	Female		38:58.315	07:47 min/km
546	Shikola	Sarastine	Female	EY Namibia	38:59.590	07:47 min/km
2263	Aletha	Eises	Female		39:00.297	07:48 min/km
931	KARUPU	Andreas	Male		39:00.681	07:48 min/km
1129	Venasiu	Johannes	Male		39:02.049	07:48 min/km
627	Verwey	Marguerite	Female	Dalena Botes Biokinetics	39:03.926	07:48 min/km
747	Izaaks	John-Peter	Male	Abrahams	39:06.592	07:49 min/km
746	Abrahams	Camilia	Female	Abrahams	39:08.622	07:49 min/km
1145	Paulus	Kapolo	Male		39:10.312	07:50 min/km
1255	Suze	Paige	Female		39:12.207	07:50 min/km
586	Meyer	Gavalin	Male	Trio Debt Collection Services	39:13.211	07:50 min/km
606	Hamulenge	Rauna	Female	Trio Debt Collection Services	39:13.355	07:50 min/km
1089	Henok	Hilja	Female		39:19.681	07:51 min/km
1200	Ananias	Maria	Female		39:20.751	07:52 min/km
959	Negongo	Augusta	Female		39:23.625	07:52 min/km
500	Pieters	Hanlie	Female	EY Namibia	39:32.294	07:54 min/km
2246	Oskar	Winter	Male	WHK International	39:32.854	07:54 min/km
687	Hattingh	Bertina	Female	Paramount/Nammed	39:34.005	07:54 min/km
2245	Christian	Winter	Female		39:37.356	07:55 min/km
824	Page	Johanna	Female	Oud maar nie koud	39:44.797	07:56 min/km
963	McFarlane	Ayla	Female		39:46.157	07:57 min/km
361	Nieb	Indira	Female	T-Rex	39:47.346	07:57 min/km
1363	McFarlane	Warren	Male		39:51.304	07:58 min/km
885	Adiyah	Kahingunga	Female	T-Rex	39:55.839	07:59 min/km
890	Golden	Shigwedha	Male	T-Rex	39:56.211	07:59 min/km
407	Smith	Verushka	Female	T-Rex	39:57.499	07:59 min/km
883	Jaine	Kahingunga	Female	T-Rex	39:58.352	07:59 min/km
405	Shannon	Charmaine	Female	T-Rex	39:58.864	07:59 min/km
406	Muronga	Martha	Female	T-Rex	39:59.554	07:59 min/km
918	Gideon	Alisa	Female		40:07.632	08:01 min/km
1250	Frankline Sanyuy	Nsai	Male		40:10.493	08:02 min/km
1025	Reinhardt	Eloise	Female		40:14.058	08:02 min/km
1124	Hoeksema	Jessica	Female		40:14.667	08:02 min/km
450	lipinge	Elina	Female	Dupwies Management Services CC	40:19.434	08:03 min/km
2551	Daigo	MOCHIZUKI	Male		40:20.293	08:04 min/km
1417	Theofilus	Appolonia	Female		40:24.407	08:04 min/km

806	Minnie	Crystal	Female	Minnies	40:24.690	08:04 min/km
2218	Horacio	Geraldo	Male		40:24.932	08:04 min/km
2217	FRANCISCO	BRITO	Male		40:26.256	08:05 min/km
1265	Kaleb	Pomwene	Female		40:33.915	08:06 min/km
1051	Ramphaga	Fhulufhelo	Female		40:40.029	08:08 min/km
423	Van Helsdingen	Pieter	Male	BDO Namibia	40:41.675	08:08 min/km
6	Jaydan	James	Male	Nedbank Staff	40:42.902	08:08 min/km
424	Faul	Rebecca	Female	BDO Namibia	40:44.450	08:08 min/km
2458	Princes	iileka	Female		40:49.642	08:09 min/km
976	Nghatanga	Calida	Female		41:00.068	08:12 min/km
968	Nelumbu	Bencao	Male		41:09.697	08:13 min/km
1239	Alfred	Ndapanda	Female		41:10.462	08:14 min/km
1088	Nelumbu	Hetty	Female		41:11.417	08:14 min/km
2577	Leigh-Ann	Benade	Male		41:11.862	08:14 min/km
1356	Kauapirura	Utji	Female		41:21.131	08:16 min/km
448	Uushona	Aron	Male	Dupwies Management Services CC	41:26.654	08:17 min/km
1090	Ankama	Hilma	Female		41:26.868	08:17 min/km
998	Mushinga	Dangi	Male		41:27.454	08:17 min/km
722	Hases	Ersla	Female	Nedbank Staff	41:34.434	08:18 min/km
2600	Shirley	De La Harpe (L)	Female		41:36.788	08:19 min/km
921	Louw	Alna	Female		41:37.260	08:19 min/km
78	Martha	Shigwedha	Female	Nedbank Staff	41:50.508	08:22 min/km
2602	Dustin	Carew	Male		41:58.759	08:23 min/km
2553	D'Arlin	Benade	Male		41:58.774	08:23 min/km
846	Pack	Halle	Female	Team Mwashii	42:01.566	08:24 min/km
2590	Kim	Esterhuizen	Female	Da Runnas	42:02.754	08:24 min/km
2456	Piper	Carew	Female		42:06.675	08:25 min/km
2556	Elizabeth	Udjombalah	Female		42:07.432	08:25 min/km
1322	Halupe	Sinclair	Female		42:09.629	08:25 min/km
633	Malapi	Selma	Female	Entrepo Finance	42:09.956	08:25 min/km
458	De Klerk	Innocentia	Female	Dupwies Management Services CC	42:18.027	08:27 min/km
2549	Calvin	Joseph	Male	Da Runnas	42:18.068	08:27 min/km
446	Ashipala	Anna	Female	Dupwies Management Services CC	42:18.194	08:27 min/km
531	Taapopi	Oscar	Male	EY Namibia	42:18.473	08:27 min/km
871	Tjombe	Kayla-Ann	Female	Unam Biology Society	42:18.970	08:27 min/km
985	Shilongo	Celine	Female		42:23.617	08:28 min/km
178	Mcleod	Salmy	Female	Nedbank Staff	42:27.716	08:29 min/km
2470	Tulela	Kadhikua	Female		42:30.111	08:30 min/km
398	Erasmus	Carmen	Female	Nedbank Staff	42:30.907	08:30 min/km
802	Main	Daniela	Female	Main team	42:37.766	08:31 min/km
1314	Botes	Senna	Female	St Pauls	42:38.540	08:31 min/km
803	Main	Kieran	Male	Main team	42:38.767	08:31 min/km
800	Main	Connor	Male	Main team	42:39.077	08:31 min/km
622	Botes	Dalena	Female	Dalena Botes Biokinetics	42:47.358	08:33 min/km
621	Sissing	Ariyah	Female	Dalena Botes Biokinetics	42:47.360	08:33 min/km
1263	Christiaan	Philanda	Male		42:51.593	08:34 min/km
1072	Kubas	Grace	Female		42:52.152	08:34 min/km
785	Becker	Britney	Female	Dashers	43:04.665	08:36 min/km
1053	Hoeksema	Fiona	Female		43:06.606	08:37 min/km
1092	Ndivaye	Hilma	Female		43:12.884	08:38 min/km
1103	Kalumbu	Indila	Female		43:13.269	08:38 min/km
1316	Veshitile	Shange	Female		43:13.278	08:38 min/km
1018	Namweya	Eline	Female		43:13.530	08:38 min/km
1235	Ndivaye	Nase	Female		43:14.330	08:38 min/km
2220	Nick	du Plessis	Male		43:15.831	08:39 min/km
989	du Plessis	Jaqueline	Female	Nedbank Staff	43:16.491	08:39 min/km
2221	Nicholis	du Plessis	Male		43:16.803	08:39 min/km
1369	Bawa	Zaheer-Abbas	Male	WHS	43:19.381	08:39 min/km

503	likuyu	Hilya	Female	EY Namibia	43:20.656	08:40 min/km
2539	Aili	Ismael	Female		43:23.600	08:40 min/km
333	Kaukumangera	Ondjizembi	Male	Dagbreek	43:34.631	08:42 min/km
912	Namgongo	Hileni	Female	Nedbank Staff	43:47.737	08:45 min/km
1306	De Bruyn	Salome	Female		43:49.545	08:45 min/km
2209	Sandra	Mulisa	Female		43:53.057	08:46 min/km
1128	NTINDA	JOHANNA	Male		43:54.334	08:46 min/km
1209	Vatileni	Maria	Female		44:00.634	08:48 min/km
679	Naukushu	Erica	Female	Nedbank Staff	44:02.617	08:48 min/km
248	Kapi	Zatjiua	Female	Nedbank Staff	44:02.699	08:48 min/km
1360	Araes	Verusckha	Female		44:09.710	08:49 min/km
449	Mundinda	Charlotte	Female	Dupwies Management Services CC	44:09.815	08:49 min/km
1357	Hodges	Vanessa	Female		44:10.450	08:50 min/km
682	Klazen	Victor	Male	LIVESTOCK AND LIVESTOCK PRODUCTS BOARD OF NAM	44:10.780	08:50 min/km
1170	Shindondola	Lavinia	Female		44:11.090	08:50 min/km
92	Mezeri	Tjimbundu	Female	Nedbank Staff	44:11.296	08:50 min/km
474	Nekongo	Ndapewoshali	Female	Dupwies Management Services CC	44:11.462	08:50 min/km
480	Mondise	Rowen	Male	Dupwies Management Services CC	44:11.687	08:50 min/km
1343	Emmerencia Nainghoti	Tilomalenga	Female		44:13.126	08:50 min/km
2266	Itope	Magdalena	Female		44:14.296	08:50 min/km
810	De Wee	Kiara	Female	Namibia Elite Supplies Cx	44:15.363	08:51 min/km
1140	Coetzee	Justine	Female		44:29.195	08:53 min/km
2597	Norman	De Laharpe (XXL)	Male		44:29.949	08:53 min/km
470	Rispel	Chenay	Female	Nedbank Staff	44:30.625	08:54 min/km
453	Phillipus	Fransina	Female	Dupwies Management Services CC	44:30.813	08:54 min/km
1271	Maletzky	Raphael	Male		44:42.699	08:56 min/km
640	Katuuo	Ehrenfriede	Female	Impact Tank	44:47.813	08:57 min/km
641	Acebes	Elena	Female	Impact Tank	44:48.011	08:57 min/km
642	Kristian	Erastus	Male	Impact Tank	44:48.187	08:57 min/km
1204	Haitula	Maria	Female		44:54.081	08:58 min/km
1259	Grandy Malakia	Paulina	Female		44:54.253	08:58 min/km
343	Mukungu	Uaka	Female	Dagbreek	44:54.592	08:58 min/km
644	Kambonde	Virginia	Female	Impact Tank	44:58.689	08:59 min/km
2225	Roczane	Engelbrecht	Female		45:05.136	09:01 min/km
2469	Tristan	Feris	Male		45:19.207	09:03 min/km
2563	Geraldine	Garises	Female		45:19.690	09:03 min/km
1107	Hango	Iris	Female		45:22.151	09:04 min/km
2237	Aune-Lea	Hatutale	Female		45:22.799	09:04 min/km
605	Nekongo	Ndahambelelela	Female	Trio Debt Collection Services	45:25.027	09:05 min/km
31	Joyce	Asser	Female	Nedbank Staff	45:28.678	09:05 min/km
2252	Mascha	Hamut	Female		45:35.618	09:07 min/km
342	David	Thomas	Male	Dagbreek	45:36.113	09:07 min/km
350	Master	Vii	Male	Dagbreek	45:36.296	09:07 min/km
1155	Wareesk	Kevin	Male		45:36.940	09:07 min/km
1134	Hangula	JT	Male		45:37.240	09:07 min/km
1104	Ndjuluwa	Innety	Female		45:42.366	09:08 min/km
564	Shilongo	Victorina	Female	EY Namibia	45:44.058	09:08 min/km
937	Iiyambo	Hilya	Female	Nedbank Staff	45:47.554	09:09 min/km
1269	Diergaardt	Racida	Female		45:48.598	09:09 min/km
1158	Mbeeli	Klaudia	Female		45:51.042	09:10 min/km
1352	Kozonguizi	Uaurovandu	Female		45:57.926	09:11 min/km
1323	Dammert	Siobhan	Female		45:58.409	09:11 min/km
208	Makalicha	Tuvayuke	Female	Nedbank Staff	46:00.808	09:12 min/km
1106	Gei-khoibes	Innocentia	Female		46:00.982	09:12 min/km
2214	Chriszelda	Tlhabanello	Female		46:01.627	09:12 min/km
969	Rana	Bertha	Female		46:02.962	09:12 min/km
738	Auala	Kweni	Female	Pupkewitz Megatech	46:11.603	09:14 min/km
829	Nanus	Natasha	Female	Poortjies se Bokkies	46:14.841	09:14 min/km

853	Adams	David-John	Male	terratec Geophysical Services Namibia cc	46:21.299	09:16 min/km
852	Swartz	Brendan	Male	terratec Geophysical Services Namibia cc	46:21.623	09:16 min/km
924	Fragoso	Amelia	Female		46:21.973	09:16 min/km
1078	De Klerk	Hazel	Female		46:25.097	09:17 min/km
1191	Kautwima	Lucy	Female		46:25.914	09:17 min/km
2589	Muhammad	Sharief Boois	Male		46:26.176	09:17 min/km
194	Boois	Sharief	Male	Nedbank Staff	46:26.275	09:17 min/km
1217	Niilonga	Martha	Female		46:26.435	09:17 min/km
1159	van Graan	Kola	Male		46:26.743	09:17 min/km
870	Taukuheke	Emma	Female	Unam Biology Society	46:29.239	09:17 min/km
161	Kahambundu	Rosalie	Male	Nedbank Staff	46:33.315	09:18 min/km
600	Kavehaha	Munene	Female	Trio Debt Collection Services	46:35.390	09:19 min/km
1781	Thobias	Lionel	Male		46:36.068	09:19 min/km
536	Theron	Petrus	Male	EY Namibia	46:40.547	09:20 min/km
530	Jacobs	Nicolaas	Male	EY Namibia	46:41.843	09:20 min/km
2544	AOI	IZUTSU	Male	WHK International	46:43.427	09:20 min/km
2580	MAKIKO	IZUTSU	Female		46:49.223	09:21 min/km
692	Tshekuzah	Charmaine	Female	Paramount/Nammed	46:53.392	09:22 min/km
362	JANSER	JOHN	Male	T-Rex	46:54.333	09:22 min/km
221	Ndjavera	Vekoruapi	Female	Nedbank Staff	46:54.835	09:22 min/km
123	Musweu	OBrain	Male	Nedbank Staff	47:02.912	09:24 min/km
1203	Efraim	Maria	Female		47:05.593	09:25 min/km
700	Simon	Victoria	Female	Paramount/Nammed	47:06.005	09:25 min/km
753	Ashikoto	Suraya	Female	Ashikoto Family	47:07.248	09:25 min/km
2259	Johanna	Oldenburg	Female		47:07.549	09:25 min/km
2596	Nedean	Van der Merwe	Female		47:18.424	09:27 min/km
2462	Salim	Katjivirue	Male		47:21.947	09:28 min/km
2475	Vera	Line	Female		47:22.244	09:28 min/km
809	De Wee	Kayla	Female	Namibia Elite Supplies Cx	47:27.210	09:29 min/km
2604	Natalie	Bezuidenhout	Female		47:27.235	09:29 min/km
1188	Botes	Luca	Female	St Pauls	47:31.106	09:30 min/km
617	Van Rooyen	Zeaneth	Female	Trio Debt Collection Services	47:34.362	09:30 min/km
618	Orange	Zyle	Male	Trio Debt Collection Services	47:34.368	09:30 min/km
1305	Shiimbashike	Sakaria	Male		47:39.834	09:31 min/km
1179	Van Wyk	Linda	Female		47:41.141	09:32 min/km
1063	Du Plessis	Gerda	Female		47:41.523	09:32 min/km
1284	Surayah	Rittmann	Female		47:45.785	09:33 min/km
1075	Dyason	Graeme	Male		47:45.873	09:33 min/km
1108	Cloete	Isaiah	Male		47:47.115	09:33 min/km
751	Ashikoto	Amaani	Male	Ashikoto Family	47:48.140	09:33 min/km
754	Ashikoto	Victor	Male	Ashikoto Family	47:48.145	09:33 min/km
752	Ashikoto	Star	Female	Ashikoto Family	47:48.822	09:33 min/km
1057	Chitate	Frank	Male		47:49.825	09:33 min/km
1361	Ronel Kuzatjike	Vezembouua	Female		47:50.128	09:34 min/km
1202	Uugwanga	Maria	Female		47:52.412	09:34 min/km
819	Janser	Errol	Male	Onix Business Solutions Pty Ltd.	47:58.940	09:35 min/km
2495	Pashukeni	lita	Female	Unam Biology Society	48:05.415	09:37 min/km
447	Faber	Anrich	Male	Dupwies Management Services CC	48:09.467	09:37 min/km
163	Afrikaner	Roseline	Male	Nedbank Staff	48:33.890	09:42 min/km
769	Van Zyl	Cathren	Female	Eagle Night Watch Security	48:34.149	09:42 min/km
1136	Cloete	Juliana	Female		48:39.141	09:43 min/km
1370	Cloete	Zane	Male		48:39.142	09:43 min/km
1307	Hamwaanyena	Sarel	Male		48:39.646	09:43 min/km
2565	Hertha	Ekindjo	Female		48:42.402	09:44 min/km
625	Diergaardrt	Helmien	Female	Dalena Botes Biokinetics	48:44.181	09:44 min/km
363	JANSER	MATHEW	Male	T-Rex	48:45.465	09:45 min/km
770	Meintjies	Leandre	Female	Eagle Night Watch Security	48:53.185	09:46 min/km
830	Bock	Shahieda	Female	Pootjies se Bokkies	48:59.674	09:47 min/km

1245	Tjaronda	Nicola	Female		49:04.793	09:48 min/km
1334	Steyn	Tessa	Female		49:12.363	09:50 min/km
777	RAHL	SUZANNE	Female	DECKENBROCK SAULS LAW	49:13.276	09:50 min/km
84	Mercia	Boois	Female	Nedbank Staff	49:16.014	09:51 min/km
147	Naweses	Aline	Male	Nedbank Staff	49:16.925	09:51 min/km
670	Inyemba	Tauti	Female	Kasi Vibe Namibia	49:17.253	09:51 min/km
661	Johannes	Lea	Female	Kasi Vibe Namibia	49:17.606	09:51 min/km
656	Shigwedha	Carino	Female	Kasi Vibe Namibia	49:18.297	09:51 min/km
1248	Conradie	Nikola	Female		49:19.426	09:51 min/km
1167	Janser	Lamisha	Female	WHS	49:21.389	09:52 min/km
987	Van Neel	Charmeela	Female		49:24.186	09:52 min/km
954	Rittmann	Armando	Male		49:24.188	09:52 min/km
136	Van Wyk	Ralph	Male	Nedbank Staff	49:39.114	09:55 min/km
1126	Van Wyk	Jo-Ann	Female		49:39.274	09:55 min/km
1211	Bushpy	Marjorie	Female		49:44.087	09:56 min/km
347	Jooste	Berdine	Female	Nedbank Staff	49:45.516	09:57 min/km
1076	Camm	Gregory	Male		49:45.524	09:57 min/km
1349	Natalia Uushona	Tutala	Female		49:48.598	09:57 min/km
2546	Aveshe	Kadhikua	Male		49:49.842	09:57 min/km
1125	Kaulinge	Joan	Female		49:52.124	09:58 min/km
2595	Lizanri	Binneman	Female	CFP Souse	49:55.313	09:59 min/km
2156	Nell	Reza	Female		49:55.316	09:59 min/km
507	Nhakura	Innocent	Male	EY Namibia	49:56.599	09:59 min/km
887	Butu	Kahingunga	Male	T-Rex	49:56.950	09:59 min/km
2598	Ronelle	Du plesiss	Female	CFP Souse	49:57.086	09:59 min/km
893	Henry	Ndapona	Male	T-Rex	49:58.672	09:59 min/km
888	Kahingunga	Mirha	Male	T-Rex	49:59.053	09:59 min/km
1309	Paulus	Selma	Male		50:16.468	10:03 min/km
585	Karumbombo	Enrico	Male	Trio Debt Collection Services	50:18.033	10:03 min/km
457	Oarum	Greg	Male	Dupwies Management Services CC	50:18.226	10:03 min/km
645	Van Wyk	Delicia	Female	Nedbank Staff	50:20.927	10:04 min/km
974	Kamwi	Buitamo	Female		50:24.690	10:04 min/km
1098	Louw	Illandra	Female		50:25.027	10:05 min/km
1344	Hepkema	Tinka	Female		50:31.184	10:06 min/km
935	Hepkema	Anika	Female		50:37.763	10:07 min/km
961	Ndumba	Auleria	Female		50:39.623	10:07 min/km
2207	Jessica	Timoteus	Female		50:42.426	10:08 min/km
2586	Michelline	Nawatises	Female		50:44.428	10:08 min/km
114	Angula	Ndataala	Female	Nedbank Staff	50:44.492	10:08 min/km
2453	Ndaudonya	Runner 3	Female		50:46.108	10:09 min/km
2583	Mbeeli	Runner 2	Male		50:46.523	10:09 min/km
2231	Bea	Metzger	Female	Kreupel konte	50:48.479	10:09 min/km
408	Shidute	Amalia	Female	BDO Namibia	50:48.481	10:09 min/km
859	Hangula	Lilian	Female	The Excellerators	50:52.513	10:10 min/km
1079	Doedens	Heiko	Male		50:55.462	10:11 min/km
1355	Steidler	Ulrike	Female		50:56.152	10:11 min/km
675	Caroline Katjito	Gertrud	Female	LIVESTOCK AND LIVESTOCK PRODUCTS BOARD OF NAM	50:57.801	10:11 min/km
1049	Afrikaner	Fabiola	Female		51:00.793	10:12 min/km
1283	katjingisiua	riko	Female		51:01.775	10:12 min/km
1227	Shikoyeni	Melissa	Female		51:07.579	10:13 min/km
434	Haensel	Johann	Male	Big Sky Lodges	51:07.747	10:13 min/km
430	Hatton	Elaine	Female	Big Sky Lodges	51:08.030	10:13 min/km
444	Gouws	Werner	Male	Big Sky Lodges	51:08.663	10:13 min/km
2581	Maria	Bock	Female		51:09.418	10:13 min/km
1233	Araxas	Miriam	Female		51:09.545	10:13 min/km
435	Biesemann	Katja	Female	Big Sky Lodges	51:09.985	10:13 min/km
410	Cloete	Bronwen	Female	BDO Namibia	51:13.766	10:14 min/km

674	Tibinyane	Fabiola	Female	LIVESTOCK AND LIVESTOCK PRODUCTS BOARD OF NAM	51:19.237	10:15 min/km
970	Conradie	Bianca	Female		51:22.828	10:16 min/km
1176	Conradie	Lian	Male		51:23.067	10:16 min/km
917	Mupetami	Albertina	Female		51:24.303	10:16 min/km
939	du Toit	Anina	Female		51:27.210	10:17 min/km
1251	Laura Mabuku	Ntelamo	Female		51:28.390	10:17 min/km
102	Moreen	Kausha	Female	Nedbank Staff	51:35.018	10:19 min/km
46	Laimi	Jonas	Female	Nedbank Staff	51:38.084	10:19 min/km
11	Jerome	Moller	Male	Nedbank Staff	51:38.427	10:19 min/km
658	Hansen	Elretha	Male	Nedbank Staff	51:39.737	10:19 min/km
1027	Isaak	Elzahn	Female		51:40.396	10:20 min/km
896	Ndapona	Martha	Male	T-Rex	51:42.477	10:20 min/km
857	Nangolo	Jonas	Male		51:44.981	10:20 min/km
394	Bawa	Bilqees	Male	Nedbank Staff	51:46.288	10:21 min/km
999	Izaks	Danielle	Female	WHS	51:46.793	10:21 min/km
1043	Notsi	Eugenia	Female		51:46.907	10:21 min/km
1256	Mazila	Pamela	Female		51:49.281	10:21 min/km
1045	Amoncia Garises	Eva	Female		51:50.642	10:22 min/km
440	Trümper	Sonja	Female	Big Sky Lodges	51:50.994	10:22 min/km
1021	Mbeeli	Elise	Female		51:56.567	10:23 min/km
1222	Tjombonde	Marvel	Female		51:57.349	10:23 min/km
2228	Maren	Von Koehne	Female	Kreupel konte	52:00.985	10:24 min/km
949	Hoffman	Horacia	Female	Nedbank Staff	52:03.572	10:24 min/km
345	Nikanor	Uria	Female	Dagbreek	52:15.389	10:27 min/km
1084	Paulo	Helena	Female		52:16.674	10:27 min/km
2265	Maria	Shiikwa	Female		52:16.699	10:27 min/km
763	Gaeb	Eugene	Male	Nedbank Staff	52:17.864	10:27 min/km
1262	Camm	Philadelphia	Female		52:18.172	10:27 min/km
302	Kasuto - The Brief	Tujoromajo	Male	Nedbank Media	52:18.631	10:27 min/km
848	Smith	Genevieve	Female	Nedbank Staff	52:19.216	10:27 min/km
628	Muroko	Agnes	Female	Entrepo Finance	52:23.693	10:28 min/km
631	Thomas	Johanna	Female	Entrepo Finance	52:24.358	10:28 min/km
1231	Pretorius	Mikayla	Female		52:25.023	10:29 min/km
2249	Faith	Madi	Female	Kreupel konte	52:25.027	10:29 min/km
565	Fennessy	Julian	Male	Giraffe Conservation Foundation	52:26.367	10:29 min/km
567	McNamara	Kevan	Male	Giraffe Conservation Foundation	52:26.448	10:29 min/km
579	Fennessy	Stephanie	Female	Giraffe Conservation Foundation	52:26.994	10:29 min/km
575	McNamara	Nicolette	Female	Giraffe Conservation Foundation	52:28.017	10:29 min/km
576	Ferguson	Sara	Female	Giraffe Conservation Foundation	52:28.977	10:29 min/km
1120	Pokolo	Jayden	Male		52:30.150	10:30 min/km
1359	Mootu	Vejama	Female		52:30.741	10:30 min/km
82	Meliza	Kahambundu	Female	Nedbank Staff	52:35.041	10:31 min/km
466	Ndjulu	Metumo	Female	Dupwies Management Services CC	52:35.075	10:31 min/km
464	Kaminzi	Matty	Female	Dupwies Management Services CC	52:36.048	10:31 min/km
2579	Madre	Claassen	Female		52:37.065	10:31 min/km
827	Bock	Desiree	Female	Poortjies se Bokkies	52:37.678	10:31 min/km
2459	Regene	Feris	Female		52:41.676	10:32 min/km
1031	Negodhi	Emilia	Female		52:43.619	10:32 min/km
1249	Nyathi	Nobuhle	Female		52:43.879	10:32 min/km
891	Shikulo	Helena	Female	Nedbank Staff	52:46.203	10:33 min/km
2558	Engela	Isolde Gaomas	Female		52:47.157	10:33 min/km
1046	Kamati	Evangelina	Female		52:55.074	10:35 min/km
1185	Saal	Louisa	Female		52:55.678	10:35 min/km
1094	Ushona	Hilma	Female		52:55.739	10:35 min/km
230	Kamuiiri	Wendy	Female	Nedbank Staff	52:58.123	10:35 min/km
2222	Elmalyn	Naango Amalia Hailombe	Female		52:59.055	10:35 min/km
1237	NM Ndafyaalako	Ndafelenga	Female		53:00.068	10:36 min/km
696	Kandjala	Justina	Female	Paramount/Nammed	53:01.295	10:36 min/km

812	Nicol-Wilson	Esperance	Female	Nicol-Wilson	53:01.327	10:36 min/km
1278	Hamukonda	Rebekka	Female		53:03.007	10:36 min/km
950	Van Wyk	Horatius	Male	Nedbank Staff	53:03.172	10:36 min/km
2552	Danzel	Swartz	Male		53:05.719	10:37 min/km
524	Ismael	Marlly	Female	EY Namibia	53:11.934	10:38 min/km
1292	Frederico	Runner 1	Female	RMS	53:18.440	10:39 min/km
1298	Witru	Runner 2	Female	RMS	53:18.493	10:39 min/km
527	Diedericks	Meegan	Female	EY Namibia	53:20.224	10:40 min/km
1168	Kaniita	Landula	Female		53:20.954	10:40 min/km
1042	Vanita Tauya	Etuhole	Female		53:21.277	10:40 min/km
7	Jenny	Franks	Female	Nedbank Staff	53:23.134	10:40 min/km
1282	Franks	Ricky	Male		53:25.041	10:41 min/km
903	Hendrik Saal	Abraham	Male		53:26.048	10:41 min/km
2235	Michelle	Steenkamp	Female		53:26.664	10:41 min/km
923	van Zyl	Alta	Female		53:30.369	10:42 min/km
1304	Mushelenga	Ruusa-Lusia	Female		53:30.746	10:42 min/km
894	Tugamena	Ndapona	Male	T-Rex	53:30.749	10:42 min/km
1169	Kaniita	Landuleni	Female		53:31.066	10:42 min/km
714	Mbahuurua	Sylvia	Female	Schoemans	53:47.949	10:45 min/km
1367	Waters	Wilne	Female		53:52.886	10:46 min/km
439	Fussell	Luke	Male	Big Sky Lodges	54:00.153	10:48 min/km
573	Fennessy	Molly	Female	Giraffe Conservation Foundation	54:00.579	10:48 min/km
574	Antonius	Naemi	Female	Giraffe Conservation Foundation	54:12.042	10:50 min/km
1135	Rukamba	Juli	Male		54:12.770	10:50 min/km
897	Ndapona	Izaias	Male	T-Rex	54:18.011	10:51 min/km
892	Lot	Ndapona	Male	T-Rex	54:18.110	10:51 min/km
1205	Ndivaye	Maria	Female		54:25.044	10:53 min/km
706	Isaacs	Izolde	Female	Schoemans	54:26.990	10:53 min/km
2599	Sharidene	Kisting	Female		54:27.488	10:53 min/km
28	Josephine	Keister	Female	Nedbank Staff	54:27.944	10:53 min/km
708	Tjizera	Nicola	Female	Schoemans	54:27.980	10:53 min/km
701	Gertze	Blanche	Female	Schoemans	54:28.618	10:53 min/km
702	Jordani	Charmaine	Female	Schoemans	54:28.962	10:53 min/km
844	Iben	Silke	Female	Team Iben	54:31.491	10:54 min/km
1254	Kompeli	Owen	Male		54:38.140	10:55 min/km
781	Santambwa	Ezira	Female	Nedbank Staff	54:38.452	10:55 min/km
2213	Wallie	Uuyuni	Female		54:39.147	10:55 min/km
476	Jaarsveldt	Christo	Female	Nedbank Staff	54:45.881	10:57 min/km
808	De Wee	Angeline	Female	Namibia Elite Supplies Cx	54:47.562	10:57 min/km
2605	Cindy-Lee	Bezuidenhout	Female		54:48.199	10:57 min/km
880	Jayden	Hasholo	Male	T-Rex	54:49.944	10:57 min/km
1032	Amutenya	Emilie	Female		54:50.274	10:58 min/km
881	Hosholo	Josefina	Female	T-Rex	54:50.806	10:58 min/km
2250	Justice	Hamutenya	Male	Kreupel konte	55:00.112	11:00 min/km
2253	Delly	Almeida	Female	Kreupel konte	55:00.737	11:00 min/km
980	So-Oabes	Carla	Female		55:01.452	11:00 min/km
972	Muundjua	Bianca	Female		55:01.528	11:00 min/km
272	Naweses	Else	Female	Goreangab J.S.S Group 2	55:07.409	11:01 min/km
258	Farmer	Luzelle	Female	Goreangab J.S.S Group 1	55:07.597	11:01 min/km
268	Farmer	Wennyth	Female	Goreangab J.S.S Group 1	55:07.899	11:01 min/km
296	Tetriany - NAMPA	Mario	Male	Nedbank Media	55:10.052	11:02 min/km
1243	Louw	Nelleke	Female		55:11.654	11:02 min/km
2232	Cora	Metzger	Female	Kreupel konte	55:12.013	11:02 min/km
2578	Lorraine	van Schalkwyk	Female		55:12.477	11:02 min/km
2223	Andrea	Metzger	Female	Kreupel konte	55:12.654	11:02 min/km
120	Thanises	Nicolene	Male	Nedbank Staff	55:16.459	11:03 min/km
1273	Nakaleke	Rauha	Female		55:18.633	11:03 min/km
1377	Cloete	Zuzelle	Female		55:18.853	11:03 min/km

858	Shiyagaya	Getrude	Female	Nedbank Staff	55:19	11:03 min/km
960	Hango	Inodina	Male	Nedbank Staff	55:20.366	11:04 min/km
225	Karupa	Veziruapi	Male	Nedbank Staff	55:20.368	11:04 min/km
2229	Megan	Jansen van Rensburg	Female	Kreupel konte	55:23.705	11:04 min/km
2227	KABUBA	MUTENDA	Female		55:23.820	11:04 min/km
1166	Naminga	Laina	Female		55:24.781	11:04 min/km
940	Hangula	Anna	Female		55:28.212	11:05 min/km
368	Shigwedha	Marco	Male	T-Rex	55:28.372	11:05 min/km
1077	Scholtz	Hartjie	Female		55:32.772	11:06 min/km
1288	Johannes	Roza	Female		55:34.068	11:06 min/km
820	de Villiers	Gerrit	Male	Onix Business Solutions Pty Ltd.	55:39.241	11:07 min/km
822	Nortje	Nadia	Female	Onix Business Solutions (Pty) Ltd.	56:02.091	11:12 min/km
228	Loxton	Violan	Female	Nedbank Staff	56:11.439	11:14 min/km
875	Shigwedha	Mrs.	Female	T-Rex	56:13.531	11:14 min/km
2233	Jamilla	Coetzee	Female		56:13.934	11:14 min/km
246	Mtambanengwe	Zarene	Female	Nedbank Staff	56:15.168	11:15 min/km
666	Fikameni	Ndeshi	Female	Kasi Vibe Namibia	56:15.850	11:15 min/km
648	Adams	Alison	Female	Kasi Vibe Namibia	56:16.522	11:15 min/km
2251	Izelle	Bezuidenhuote	Female		56:20.531	11:16 min/km
153	Bezuidenhout	Roberto	Male	Nedbank Staff	56:20.691	11:16 min/km
2201	Renault	Roderiques	Male		56:22.557	11:16 min/km
956	Zolkov(L)	Ashley	Male		56:26.686	11:17 min/km
412	Nels	Deidre	Female	BDO Namibia	56:28.063	11:17 min/km
425	Nels	Vidileo	Male	BDO Namibia	56:28.065	11:17 min/km
167	Hailundu	Ruth	Male	Nedbank Staff	56:29.379	11:17 min/km
748	Hilengwa	Arya	Female	Arya & Mom	56:30.003	11:18 min/km
749	Andreas	Ndapandula	Female	Arya & Mom	56:30.007	11:18 min/km
779	Kavandje	Ever-Victoria	Female	Nedbank Staff	56:30.043	11:18 min/km
2204	Emman	Cloete	Male		56:30.047	11:18 min/km
2471	Twapewa	Kadhikua	Female		56:35.933	11:19 min/km
121	April	Nicolla	Female	Nedbank Staff	56:36.636	11:19 min/km
542	Uiras	Roseline	Female	EY Namibia	56:36.973	11:19 min/km
468	Jansen	Chanelle	Female	Nedbank Staff	56:37.009	11:19 min/km
2203	Bjorn	Schidbauer	Male		56:49.840	11:21 min/km
2202	Anthony	Swartz	Male		56:55.897	11:23 min/km
22	Johanna	Kadhikua	Female	Nedbank Staff	56:57.564	11:23 min/km
1022	Petersen	Elizabeth	Female		56:58.688	11:23 min/km
757	Nimengobe	Weni	Female	AVIVA and the Champs	57:00.743	11:24 min/km
755	Neshuku	Vili	Male	AVIVA and the Champs	57:17.087	11:27 min/km
756	Nimengobe	Weende-Lao	Female	AVIVA and the Champs	57:18.267	11:27 min/km
926	Bawa	Aminah	Female	WHS	57:22.245	11:28 min/km
2561	Etuna	Kadhikua	Female		57:31.960	11:30 min/km
2234	Lolita	De Almeida	Female		57:36.351	11:31 min/km
365	Andreas	Zelda	Female	T-Rex	57:41.971	11:32 min/km
877	Emma	Niipare	Female	T-Rex	57:42.461	11:32 min/km
367	Nghipondoka	Tertisia	Female	T-Rex	57:43.425	11:32 min/km
804	Main	Stuart	Male	Main team	57:47.638	11:33 min/km
243	Lehmann	Yolande	Female	Nedbank Staff	57:50.831	11:34 min/km
902	Sikumba	Abigail	Female		58:01.971	11:36 min/km
359	Neib	Caleb	Male	T-Rex	58:10.986	11:38 min/km
431	Vatileni	Emerson	Male	Big Sky Lodges	58:16.017	11:39 min/km
291	Werner - New Era	Helaria	Female	Nedbank Media	58:18.854	11:39 min/km
433	Vatileni	Immanuel	Male	Big Sky Lodges	58:20.214	11:40 min/km
442	Vatileni	Tresia	Female	Big Sky Lodges	58:22.217	11:40 min/km
8	Jequess	Murphy	Female	Nedbank Staff	58:29.366	11:41 min/km
693	Smith	Jade	Female	Paramount/Nammed	58:35.832	11:43 min/km
784	Tobias	Fikameni	Female	Nedbank Staff	58:38.532	11:43 min/km
697	Tshipena	Nancy	Female	Paramount/Nammed	58:42.032	11:44 min/km

416	Steyn	Laura	Female	BDO Namibia	58:46.153	11:45 min/km
799	Kubas	Shariefa	Female	Kubas	58:47.202	11:45 min/km
796	Van Wyk	Amber-Rose	Female	Kubas	58:47.847	11:45 min/km
2212	Laina	Thomas	Female		58:47.977	11:45 min/km
798	Kubas	Sebastian	Male	Kubas	58:48.537	11:45 min/km
797	Kubas	Christopher	Male	Kubas	58:48.540	11:45 min/km
1113	Basson	Jane	Female		58:49.665	11:45 min/km
1328	Shivolo	Suama	Female		58:51.465	11:46 min/km
1373	Cloete	Zulerine	Female		58:56.296	11:47 min/km
1161	Cloete	Kyla	Female		58:58.040	11:47 min/km
1270	Cloete	Radine	Female		58:58.042	11:47 min/km
396	Nghipandulwa	Brigitte	Female	Nedbank Staff	59:09.006	11:49 min/km
515	Kubas	Christopher	Male	Nedbank Staff	59:11.154	11:50 min/km
1137	Cloete	Julio	Male		59:29.639	11:53 min/km
884	Bassingthwaighte	Heidrun	Female	Nedbank Staff	59:39.868	11:55 min/km
571	Haukongo	Martha	Female	Giraffe Conservation Foundation	59:56.053	11:59 min/km
227	Diergaardt	Victoria	Female	Nedbank Staff	1:00:00.852	12:00 min/km
1183	Eichas	Lizette	Female		1:00:13.761	12:02 min/km
1230	Zaal	Michelle	Female		1:00:14.204	12:02 min/km
855	Snyer	Alison	Female	The Excellerators	1:00:33.229	12:06 min/km
856	Jantjie	Chanelle	Female	The Excellerators	1:00:33.231	12:06 min/km
1194	Hatutale	Maiya-Liiza	Female		1:00:40.418	12:08 min/km
791	Moyo	Thandeka	Female	Girls squad	1:00:40.703	12:08 min/km
1118	Phillips	Janice	Female		1:00:41.155	12:08 min/km
792	Moyo	Tinotenda	Female	Girls squad	1:00:41.679	12:08 min/km
684	Shilongo	Alleta	Female	Paramount/Nammed	1:00:41.755	12:08 min/km
699	Lamek	Victoria	Female	Paramount/Nammed	1:00:43.554	12:08 min/km
1039	Cotzee	Estrith	Female		1:01:15.033	12:15 min/km
2454	Pamela	Mwellie	Female		1:01:15.334	12:15 min/km
339	Doeses	Selma	Female	Dagbreek	1:01:17.434	12:15 min/km
2477	Wilhelmina	Kandjeke	Female		1:01:20.689	12:16 min/km
475	Shambwangala	Paulus	Female	Dupwies Management Services CC	1:01:42.188	12:20 min/km
477	Vries	Ricardo	Male	Dupwies Management Services CC	1:01:51.123	12:22 min/km
484	Mouton	Shireen	Female	Dupwies Management Services CC	1:01:52.148	12:22 min/km
402	Unengu	Sofia	Female	T-Rex	1:02:04.645	12:24 min/km
404	Unengu	Mr.	Male	T-Rex	1:02:08.200	12:25 min/km
403	Unengu	Ursula	Female	T-Rex	1:02:28.150	12:29 min/km
1044	Kariwo	Eunah	Female		1:02:30.292	12:30 min/km
728	Tjiuoro	Queen	Female	Schoemans	1:02:31.548	12:30 min/km
707	Kalumbu	Leon	Male	Schoemans	1:02:56.682	12:35 min/km
2255	Hileni	Rijnen	Female		1:03:01.661	12:36 min/km
2564	Hendrina	Tjikuzu	Female		1:03:16.380	12:39 min/km
788	Moyo	Shantel	Female	Girls squad	1:03:25.909	12:41 min/km
787	Chigama	Fungai	Female	Girls squad	1:03:25.912	12:41 min/km
2254	Owen	Rijnen	Male	St Pauls	1:03:38.865	12:43 min/km
861	Hoebel	Silke	Female	The Excellerators	1:04:24.757	12:52 min/km
1061	Kapolo	Frieda	Female		1:05:29.625	13:05 min/km
1332	Nkole	Tangeni	Male		1:05:30.272	13:06 min/km
1047	Hauwanga	Fabienne	Female		1:05:35.557	13:07 min/km
783	Alberts	Agnes	Female	Dashers	1:05:49.578	13:09 min/km
786	Becker	Marlene	Female	Dashers	1:05:54.737	13:10 min/km
172	Brandt	Althea	Female	Nedbank Staff	1:06:27.432	13:17 min/km
158	Kubas	Roger	Male	Nedbank Staff	1:06:28.213	13:17 min/km
369	Shigwedha	Mr.	Male	T-Rex	1:06:30.653	13:18 min/km
1241	Paulus	Ndinelao	Female		1:08:23.994	13:40 min/km
1130	Mpingana Uunona	Josefina	Female		1:10:00.153	14:00 min/km
1050	Ahmed	Fatema	Female		1:10:06.799	14:01 min/km
1308	Sheefeni	Sean	Male		1:12:05.414	14:25 min/km

1330	Van Der Walt	Suryna	Female		1:16:30.031	15:18 min/km
1182	Hanekom	Liza	Female		1:17:14.164	15:26 min/km
713	Ludwig	Rose	Female	Schoemans	1:20:09.166	16:01 min/km
187	Junias	Selma	Male	Nedbank Staff	1:24:00.084	16:48 min/km
995	Hangula	Collin	Male		1:28:57.819	17:47 min/km
1116	Tuala	Janet	Female		1:29:36.608	17:55 min/km
570	Martin	Dalena	Female	Nedbank Staff	1:29:51.680	17:58 min/km
1069	Eliassen	Godwin	Male	WHS	1:33:21.444	18:40 min/km
59	Maria	Matheus	Female	Nedbank Staff	1:33:46.968	18:45 min/km
1099	Hauwanga	Imms	Male		1:35:04.258	19:00 min/km
203	Van Wyk	Sylvia	Female	Nedbank Staff	1:35:22.096	19:04 min/km
1060	Hangula	Freedom	Female		1:36:50.097	19:22 min/km
1109	Hangula	Itavela	Female		1:38:08.489	19:37 min/km
100	Monique	Van Wyk	Female	Nedbank Staff	1:38:26.494	19:41 min/km
1258	Nantinda	Paula	Female		1:39:24.638	19:52 min/km
1086	Kaulinge	Helvi	Female		1:39:50.216	19:58 min/km
139	Alumana	Rauha	Male	Nedbank Staff	1:43:35.476	20:43 min/km
1143	Jona	Kaino	Female		1:44:22.380	20:52 min/km
734	Kafidi	Mirjam	Female	Schoemans	1:48:40.678	21:44 min/km
54	Lolitha	Zemburuka	Female	Nedbank Staff	1:55:10.768	23:02 min/km
180	Alupe	Amen	Male	Nedbank Staff	1:59:00.526	23:48 min/km