

CITI DASH

Date of event: 23 June 19

NEDBANK
CYCLETEC

26 June 19

F10KM (RUNNING)

POSITION	EVENT	SURNAME	NAME	TIME	CATEGORY	GENDER
1	F10KM	Pinehas	Erastus	00:41:10.47	(36) OPEN	POS 1 OF 191 (M)
2	F10KM	Johannes	Kennedy	00:41:34.14	(31) OPEN	POS 2 OF 191 (M)
3	F10KM	Amakali	Frans	00:44:03.91	(38) OPEN	POS 3 OF 191 (M)
4	F10KM	Sundui	Enebish	00:45:14.82	(44) VETERAN	POS 4 OF 191 (M)
5	F10KM	Mosehuus	Lara	00:45:27.45	(25) OPEN	POS 1 OF 252 (F)
6	F10KM	Ndero	Ricardo	00:45:29.53	(26) OPEN	POS 5 OF 191 (M)
7	F10KM	Abraham	Jafet	00:45:31.79	(38) OPEN	POS 6 OF 191 (M)
8	F10KM	Mbidi	Daniel	00:45:52.65	(42) VETERAN	POS 7 OF 191 (M)
9	F10KM	Keib	Michael	00:46:03.79	(31) OPEN	POS 8 OF 191 (M)
10	F10KM	Kalimba	Jerry	00:46:15.38	(53) MASTER	POS 9 OF 191 (M)
11	F10KM	Hakwenye	Johannes	00:46:23.45	(38) OPEN	POS 11 OF 191 (M)
12	F10KM	Negoli	Jermia	00:46:23.45	(34) OPEN	POS 10 OF 191 (M)
13	F10KM	Kavendjii	Undamuje	00:46:56.01	(12) JUNIOR	POS 12 OF 191 (M)
14	F10KM	Spangenberg	Roual	00:47:12.41	(42) VETERAN	POS 13 OF 191 (M)
15	F10KM	Shaanika	Saltiel	00:47:32.25	(35) OPEN	POS 14 OF 191 (M)
16	F10KM	Du Plessis	Andries Johannes	00:47:32.89	(32) OPEN	POS 15 OF 191 (M)
17	F10KM	Kaveto	Lucas	00:47:51.84	(37) OPEN	POS 16 OF 191 (M)
18	F10KM	Naukushu	Samora	00:48:02.32	(16) JUNIOR	POS 17 OF 191 (M)
19	F10KM	Van Der Westhuizen	Jana	00:48:6.00	(21) OPEN	POS 2 OF 252 (F)
20	F10KM	Neethling	Jan Adolf	00:48:11.66	(31) OPEN	POS 18 OF 191 (M)
21	F10KM	Daniel	Ian	00:48:19.91	(40) VETERAN	POS 19 OF 191 (M)
22	F10KM	Nel	Eldo	00:48:21.18	(35) OPEN	POS 20 OF 191 (M)
23	F10KM	Fielding	Frank	00:48:23.02	(57) MASTER	POS 21 OF 191 (M)
24	F10KM	Ndafediva	Enok	00:48:38.12	(33) OPEN	POS 22 OF 191 (M)
25	F10KM	Moses	Ruben	00:48:42.10	(36) OPEN	POS 23 OF 191 (M)
26	F10KM	Herma	Achim	00:48:50.00	(62) GRAND MASTER	POS 24 OF 191 (M)
27	F10KM	Tilahun	Haddis	00:48:58.65	(26) OPEN	POS 25 OF 191 (M)
28	F10KM	Nakapunda	Simon	00:49:13.82	(36) OPEN	POS 26 OF 191 (M)
29	F10KM	Kavari	Suta	00:49:16.25	(29) OPEN	POS 27 OF 191 (M)
30	F10KM	Galloway	Ian	00:49:22.53	(35) OPEN	POS 28 OF 191 (M)
31	F10KM	Gessner	Rourke	00:49:23.19	(12) JUNIOR	POS 29 OF 191 (M)
32	F10KM	Fliede	Matheus	00:49:23.20	(48) VETERAN	POS 30 OF 191 (M)
33	F10KM	Mutenu	Alphons	00:49:27.39	(28) OPEN	POS 31 OF 191 (M)
34	F10KM	Henckert	Cristin	00:49:28.71	(17) JUNIOR	POS 32 OF 191 (M)
35	F10KM	Gessner	Jason	00:49:29.17	(41) VETERAN	POS 33 OF 191 (M)
36	F10KM	Hamunyelo	Rodney	00:49:30.08	(16) JUNIOR	POS 34 OF 191 (M)
37	F10KM	Phillimon	Abed	00:49:31.17	(36) OPEN	POS 35 OF 191 (M)
38	F10KM	Boshoff	Anja	00:49:31.50	(37) OPEN	POS 3 OF 252 (F)

CITI DASH

Date of event: 23 June 19

F10KM (RUNNING)

POSITION	EVENT	SURNAME	NAME	TIME	CATEGORY	GENDER
39	F10KM	Du Plessis	Rosina	00:49:33.20	(32) OPEN	POS 4 OF 252 (F)
40	F10KM	Loots	Thelma	00:49:33.84	(35) OPEN	POS 5 OF 252 (F)
41	F10KM	Strauss	Seth	00:49:34.11	(17) JUNIOR	POS 36 OF 191 (M)
42	F10KM	Kandele	Elmo	00:49:34.19	(17) JUNIOR	POS 37 OF 191 (M)
43	F10KM	Bishop	Margo	00:49:37.11	(42) VETERAN	POS 6 OF 252 (F)
44	F10KM	Mendelsohn	Martin	00:49:38.01	(31) OPEN	POS 38 OF 191 (M)
45	F10KM	Akwenye	Harold Bolla	00:49:43.70	(45) VETERAN	POS 39 OF 191 (M)
46	F10KM	Ndamanomhata	Paulus	00:49:45.80	(32) OPEN	POS 40 OF 191 (M)
47	F10KM	Raad	Carola	00:49:59.33	(37) OPEN	POS 7 OF 252 (F)
48	F10KM	Geustyn	Marnus	00:50:00.49	(23) OPEN	POS 41 OF 191 (M)
49	F10KM	Raad	Michael	00:50:00.49	(11) JUNIOR	POS 42 OF 191 (M)
50	F10KM	Amwaalwa	Jeremia	00:50:1.27	(30) OPEN	POS 43 OF 191 (M)
51	F10KM	Spies	Ninke	00:50:01.95	(25) OPEN	POS 8 OF 252 (F)
52	F10KM	Adams	Dawn	00:50:6.86	(49) VETERAN	POS 9 OF 252 (F)
53	F10KM	Hidileko	Vinno	00:50:7.33	(35) OPEN	POS 44 OF 191 (M)
54	F10KM	Alugongo	Immanuel	00:50:10.09	(47) VETERAN	POS 45 OF 191 (M)
55	F10KM	Von	Jacob	00:50:23.00	(16) JUNIOR	POS 46 OF 191 (M)
56	F10KM	Shiyuka	Josia	00:50:28.90	(29) OPEN	POS 47 OF 191 (M)
57	F10KM	Kamukono	Walter	00:50:29.81	(25) OPEN	POS 48 OF 191 (M)
58	F10KM	Reinhardt	Abraham	00:50:36.95	(54) MASTER	POS 49 OF 191 (M)
59	F10KM	Kisting	Denver	00:50:45.84	(37) OPEN	POS 50 OF 191 (M)
60	F10KM	Guerreiro	Andrea	00:51:01.42	(27) OPEN	POS 10 OF 252 (F)
61	F10KM	Van Wyk	Zaven	00:51:01.98	(27) OPEN	POS 51 OF 191 (M)
62	F10KM	Ihms	Romi	00:51:17.87	(28) OPEN	POS 11 OF 252 (F)
63	F10KM	Reiff	Heiko	00:51:27.07	(39) OPEN	POS 52 OF 191 (M)
64	F10KM	Sonntag	Philipp	00:51:32.48	(45) VETERAN	POS 53 OF 191 (M)
65	F10KM	Shilengudwa	Naamba Jeanny	00:51:32.58	(36) OPEN	POS 12 OF 252 (F)
66	F10KM	Ngaritangue	Kaseturo	00:51:34.87	(21) OPEN	POS 54 OF 191 (M)
67	F10KM	Steenkamp	Quinton	00:51:35.58	(33) OPEN	POS 55 OF 191 (M)
68	F10KM	Pote	Henry	00:51:36.84	(46) VETERAN	POS 56 OF 191 (M)
69	F10KM	Kadhila	Josef	00:51:37.06	(29) OPEN	POS 57 OF 191 (M)
70	F10KM	Thuys	Judrihano	00:51:37.42	(17) JUNIOR	POS 58 OF 191 (M)
71	F10KM	Du Preez	Iwanette	00:51:37.77	(31) OPEN	POS 13 OF 252 (F)
72	F10KM	Steynberg	Francois	00:51:37.95	(30) OPEN	POS 59 OF 191 (M)
73	F10KM	Van Der Smit	Jacques Jj	00:51:46.35	(33) OPEN	POS 60 OF 191 (M)
74	F10KM	Mostert	Jan Louis	00:51:47.33	(33) OPEN	POS 61 OF 191 (M)
75	F10KM	Viljoen	Frikkie	00:51:51.99	(47) VETERAN	POS 62 OF 191 (M)
76	F10KM	Amukushu	Nyeuvo Veronica	00:51:58.18	(21) OPEN	POS 14 OF 252 (F)
77	F10KM	Pieters	Wesley	00:52:09.81	(33) OPEN	POS 63 OF 191 (M)
78	F10KM	Shilunga	Andreas	00:52:13.67	(36) OPEN	POS 64 OF 191 (M)
79	F10KM	Angula	Tala	00:52:17.40	(20) OPEN	POS 65 OF 191 (M)
80	F10KM	Hapulile	Ndake	00:52:18.43	(0) JUNIOR	POS 66 OF 191 (M)
81	F10KM	Ross	Manie	00:52:26.62	(62) GRAND MASTER	POS 67 OF 191 (M)

CITI DASH

Date of event: 23 June 19

F10KM (RUNNING)

POSITION	EVENT	SURNAME	NAME	TIME	CATEGORY	GENDER
82	F10KM	De Chavonnes Vrugt	Marietjie	00:52:28.36	(28) OPEN	POS 15 OF 252 (F)
83	F10KM	Lazarus	Shikesho	00:52:47.18	(28) OPEN	POS 68 OF 191 (M)
84	F10KM	Mapumba	Paulus	00:52:49.47	(24) OPEN	POS 69 OF 191 (M)
85	F10KM	Kavendjii	Florenca	00:53:08.06	(40) VETERAN	POS 16 OF 252 (F)
86	F10KM	Itewa	Eliphas	00:53:11.45	(35) OPEN	POS 70 OF 191 (M)
87	F10KM	Haukongo	Petrus	00:53:22.14	(28) OPEN	POS 71 OF 191 (M)
88	F10KM	Zamuee	Clarence	00:53:31.00	(40) VETERAN	POS 72 OF 191 (M)
89	F10KM	Fourie	Benjamin	00:53:32.41	(41) VETERAN	POS 73 OF 191 (M)
90	F10KM	Coetzee	Claudia	00:53:48.32	(35) OPEN	POS 17 OF 252 (F)
91	F10KM	Horne	Andre	00:54:01.00	(33) OPEN	POS 74 OF 191 (M)
92	F10KM	Angula	Klaudia	00:54:5.52	(35) OPEN	POS 18 OF 252 (F)
93	F10KM	Johannes	Israel Issy	00:54:10.09	(35) OPEN	POS 75 OF 191 (M)
94	F10KM	Asino	Ester	00:54:14.76	(27) OPEN	POS 19 OF 252 (F)
95	F10KM	Feris	Charne	00:54:26.51	(28) OPEN	POS 20 OF 252 (F)
96	F10KM	Hoffmann	Birgit	00:54:26.52	(52) MASTER	POS 21 OF 252 (F)
97	F10KM	Zatjirua	Ujandja	00:54:55.92	(30) OPEN	POS 76 OF 191 (M)
98	F10KM	Grunschloss	Karl	00:54:57.84	(52) MASTER	POS 77 OF 191 (M)
99	F10KM	Erasmus	Ep	00:54:58.43	(37) OPEN	POS 78 OF 191 (M)
100	F10KM	Niipale	Marika	00:55:03.19	(30) OPEN	POS 22 OF 252 (F)
101	F10KM	Van Den Heever	Hugo	00:55:08.22	(33) OPEN	POS 79 OF 191 (M)
102	F10KM	Konzmann	Sylvia	00:55:20.88	(36) OPEN	POS 23 OF 252 (F)
103	F10KM	Hamunyela	Keman	00:55:23.00	(30) OPEN	POS 80 OF 191 (M)
104	F10KM	Linyando	Engelberth	00:55:32.78	(31) OPEN	POS 81 OF 191 (M)
105	F10KM	Angula	Ndangi	00:55:33.19	(24) OPEN	POS 82 OF 191 (M)
106	F10KM	Dennis	Claudia	00:55:36.79	(39) OPEN	POS 24 OF 252 (F)
107	F10KM	Namoloh	Ester	00:55:39.00	(32) OPEN	POS 25 OF 252 (F)
108	F10KM	Ndafoluma	Lukas	00:55:45.89	(33) OPEN	POS 83 OF 191 (M)
109	F10KM	Rousseau	Rozanne	00:55:54.63	(31) OPEN	POS 26 OF 252 (F)
110	F10KM	Martin	Tuundjakuje	00:56:17.52	(25) OPEN	POS 84 OF 191 (M)
111	F10KM	Labuschagne	Jf	00:56:17.97	(24) OPEN	POS 85 OF 191 (M)
112	F10KM	Lochner	Ando	00:56:19.00	(36) OPEN	POS 27 OF 252 (F)
113	F10KM	Prins	Jackie	00:56:25.00	(43) VETERAN	POS 28 OF 252 (F)
114	F10KM	Feldmann	Michael	00:56:26.84	(47) VETERAN	POS 86 OF 191 (M)
115	F10KM	Uukongo	Loine	00:56:27.77	(25) OPEN	POS 29 OF 252 (F)
116	F10KM	Lukas	Frieda	00:56:28.19	(25) OPEN	POS 30 OF 252 (F)
117	F10KM	Syfert	Este	00:56:28.27	(52) MASTER	POS 31 OF 252 (F)
118	F10KM	Kaiyamo	Elia Tuikila	00:56:29.93	(26) OPEN	POS 87 OF 191 (M)
119	F10KM	Gaweses	Caroline	00:56:30.00	(31) OPEN	POS 32 OF 252 (F)
120	F10KM	Minz	Karl-heinz	00:56:30.49	(56) MASTER	POS 88 OF 191 (M)
121	F10KM	Steenkamp	Michelle	00:56:31.25	(32) OPEN	POS 33 OF 252 (F)
122	F10KM	Steenkamp	Ettiene	00:56:32.03	(0) JUNIOR	POS 89 OF 191 (M)
123	F10KM	Uxamb	Brian	00:56:33.05	(35) OPEN	POS 90 OF 191 (M)
124	F10KM	Annese-mouton	Francesca	00:56:45.12	(53) MASTER	POS 34 OF 252 (F)

CITI DASH

Date of event: 23 June 19

F10KM (RUNNING)

POSITION	EVENT	SURNAME	NAME	TIME	CATEGORY	GENDER
125	F10KM	Aring	Wolfhard	00:56:48.32	(45) VETERAN	POS 91 OF 191 (M)
126	F10KM	Sundui	Erkhemtur	00:56:49.34	(7) JUNIOR	POS 92 OF 191 (M)
127	F10KM	Links	Michael Esley	00:56:52.05	(33) OPEN	POS 93 OF 191 (M)
128	F10KM	Gerber	Francie	00:57:01.98	(36) OPEN	POS 35 OF 252 (F)
129	F10KM	Morris	Stefanus	00:57:02.81	(48) VETERAN	POS 94 OF 191 (M)
130	F10KM	Majiedt	Donovan	00:57:3.53	(26) OPEN	POS 95 OF 191 (M)
131	F10KM	Imene	Augustus	00:57:10.93	(20) OPEN	POS 96 OF 191 (M)
132	F10KM	Mbaisa	Julie	00:57:13.00	(46) VETERAN	POS 36 OF 252 (F)
133	F10KM	Koch	Rachida	00:57:19.51	(24) OPEN	POS 37 OF 252 (F)
134	F10KM	Embashu	Salem	00:57:20.41	(26) OPEN	POS 97 OF 191 (M)
135	F10KM	Van Wyk	Deidre	00:57:26.49	(24) OPEN	POS 38 OF 252 (F)
136	F10KM	Nakangombe	Maria	00:57:28.38	(29) OPEN	POS 39 OF 252 (F)
137	F10KM	Kalili	Nadhi	00:57:29.49	(36) OPEN	POS 98 OF 191 (M)
138	F10KM	Du Bruyn	Eleasha	00:57:46.23	(16) JUNIOR	POS 40 OF 252 (F)
139	F10KM	Ruhunga	Maurice	00:57:48.21	(16) JUNIOR	POS 99 OF 191 (M)
140	F10KM	Zzz	Zzz	00:57:49.14	(0) JUNIOR	POS 41 OF 252 (F)
141	F10KM	De Tavernier	Camille	00:57:49.54	(37) OPEN	POS 42 OF 252 (F)
142	F10KM	Oberholzer	Isabella Sabbie	00:57:50.45	(32) OPEN	POS 43 OF 252 (F)
143	F10KM	Fillipus	Helvi	00:57:51.53	(33) OPEN	POS 44 OF 252 (F)
144	F10KM	Labuschagne	Leandie	00:57:57.88	(30) OPEN	POS 45 OF 252 (F)
145	F10KM	Sansom	Jacques	00:58:01.81	(27) OPEN	POS 100 OF 191 (M)
146	F10KM	Amupolo	Fredrika	00:58:09.17	(26) OPEN	POS 46 OF 252 (F)
147	F10KM	De'ath	Charne	00:58:20.05	(32) OPEN	POS 47 OF 252 (F)
148	F10KM	Shamalia	Rebekka	00:58:30.26	(30) OPEN	POS 48 OF 252 (F)
149	F10KM	Mogotsi	Immacullate	00:58:45.48	(48) VETERAN	POS 49 OF 252 (F)
150	F10KM	Francis	Savarna	00:58:46.17	(35) OPEN	POS 51 OF 252 (F)
151	F10KM	Fredericks	Mauriza Rissiepit	00:58:46.17	(43) VETERAN	POS 50 OF 252 (F)
152	F10KM	Shaanika	Beata	00:58:47.49	(35) OPEN	POS 52 OF 252 (F)
153	F10KM	Kapingana	Gloria	00:58:49.79	(38) OPEN	POS 53 OF 252 (F)
154	F10KM	Lushetile	Bufelo	00:58:57.39	(37) OPEN	POS 101 OF 191 (M)
155	F10KM	Zatjirua	Tuhupa	00:58:58.04	(37) OPEN	POS 54 OF 252 (F)
156	F10KM	Karimuje	Veindira	00:58:58.99	(32) OPEN	POS 55 OF 252 (F)
157	F10KM	Van Wyk	Giovanni	00:59:01.83	(38) OPEN	POS 102 OF 191 (M)
158	F10KM	Gerber	Deon	00:59:02.09	(24) OPEN	POS 103 OF 191 (M)
159	F10KM	Reinhardt	Suretha	00:59:02.42	(23) OPEN	POS 56 OF 252 (F)
160	F10KM	Bravenboer	Marna	00:59:02.81	(34) OPEN	POS 57 OF 252 (F)
161	F10KM	Klein	Derick	00:59:5.22	(48) VETERAN	POS 104 OF 191 (M)
162	F10KM	Fallis	Karin	00:59:05.83	(47) VETERAN	POS 58 OF 252 (F)
163	F10KM	Agbamu	Efeoghene	00:59:06.33	(39) OPEN	POS 59 OF 252 (F)
164	F10KM	Simeon	Katrina	00:59:07.28	(43) VETERAN	POS 60 OF 252 (F)
165	F10KM	Steyn	Daleen	00:59:08.35	(38) OPEN	POS 61 OF 252 (F)
166	F10KM	Thiele	Charis	00:59:08.68	(15) JUNIOR	POS 62 OF 252 (F)
167	F10KM	Petersen	Malcolm	00:59:10.16	(31) OPEN	POS 105 OF 191 (M)

CITI DASH

Date of event: 23 June 19

F10KM (RUNNING)

POSITION	EVENT	SURNAME	NAME	TIME	CATEGORY	GENDER
168	F10KM	Nicol-wilson	Izuba	00:59:10.19	(9) JUNIOR	POS 106 OF 191 (M)
169	F10KM	Van Zyl	Riaan	00:59:11.23	(40) VETERAN	POS 107 OF 191 (M)
170	F10KM	Cloete	Shamila	00:59:11.96	(27) OPEN	POS 63 OF 252 (F)
171	F10KM	Badenhorst	Monjuanique	00:59:16.08	(12) JUNIOR	POS 64 OF 252 (F)
172	F10KM	Nederlof	Ode	00:59:16.10	(40) VETERAN	POS 65 OF 252 (F)
173	F10KM	Olivier	Amore	00:59:16.27	(11) JUNIOR	POS 66 OF 252 (F)
174	F10KM	Ilunga	Kayembe	00:59:19.30	(0) JUNIOR	POS 108 OF 191 (M)
175	F10KM	Tshekuzah	Joe	00:59:21.01	(42) VETERAN	POS 109 OF 191 (M)
176	F10KM	Van Wyk	Xuanthu	00:59:22.33	(10) JUNIOR	POS 110 OF 191 (M)
177	F10KM	Van Wyk	Chantel	00:59:22.81	(28) OPEN	POS 67 OF 252 (F)
178	F10KM	Van Wyk	Oscar	00:59:24.54	(46) VETERAN	POS 111 OF 191 (M)
179	F10KM	Ludwig	Anja	00:59:25.20	(51) MASTER	POS 68 OF 252 (F)
180	F10KM	Nel	Annamarie	00:59:27.14	(41) VETERAN	POS 69 OF 252 (F)
181	F10KM	Slinger	Elke	00:59:28.00	(39) OPEN	POS 70 OF 252 (F)
182	F10KM	Van Heerden	Pamela	00:59:34.01	(37) OPEN	POS 71 OF 252 (F)
183	F10KM	Angermund	Franco	00:59:37.31	(38) OPEN	POS 112 OF 191 (M)
184	F10KM	Kapingana	Ludwig	00:59:40.35	(42) VETERAN	POS 113 OF 191 (M)
185	F10KM	Afrikaner	Elaine	00:59:59.02	(36) OPEN	POS 72 OF 252 (F)
186	F10KM	Hangalo	Ndeutapo	01:00:02.36	(20) OPEN	POS 114 OF 191 (M)
187	F10KM	Nghiteeka	Tuyeni-kohamba	01:00:04.04	(21) OPEN	POS 115 OF 191 (M)
188	F10KM	Guthrie	Iain	01:00:09.12	(51) MASTER	POS 116 OF 191 (M)
189	F10KM	Loubser	Sandra	01:00:27.90	(34) OPEN	POS 73 OF 252 (F)
190	F10KM	Olivier	Berniese	01:00:34.30	(47) VETERAN	POS 74 OF 252 (F)
191	F10KM	Uxamb	Ally	01:00:39.50	(31) OPEN	POS 75 OF 252 (F)
192	F10KM	Graf	Berrit	01:00:54.83	(61) GRAND MASTER	POS 76 OF 252 (F)
193	F10KM	Krone	Huibrecht	01:00:59.35	(36) OPEN	POS 77 OF 252 (F)
194	F10KM	Diergaardt	Menessia	01:01:01.03	(37) OPEN	POS 78 OF 252 (F)
195	F10KM	Viviers	Michelle	01:01:14.29	(30) OPEN	POS 79 OF 252 (F)
196	F10KM	De Beer	Adriana	01:01:28.88	(33) OPEN	POS 80 OF 252 (F)
197	F10KM	Brand	Angela	01:01:37.47	(33) OPEN	POS 81 OF 252 (F)
198	F10KM	Roth	Anni	01:01:51.94	(22) OPEN	POS 82 OF 252 (F)
199	F10KM	Ng'ambi	Limbikila	01:02:5.25	(30) OPEN	POS 117 OF 191 (M)
200	F10KM	Ndombo	Signa	01:02:22.85	(38) OPEN	POS 83 OF 252 (F)
201	F10KM	Henckert	Beverley-rae	01:02:30.19	(36) OPEN	POS 84 OF 252 (F)
202	F10KM	Ng'ambi	Marytheresa	01:02:36.58	(30) OPEN	POS 85 OF 252 (F)
203	F10KM	Hauuanga	Lance	01:02:42.06	(46) VETERAN	POS 118 OF 191 (M)
204	F10KM	Daniel	Melanie	01:02:53.96	(29) OPEN	POS 86 OF 252 (F)
205	F10KM	Muvi-tjikalepo	Heinrich Muatala	01:03:10.28	(41) VETERAN	POS 119 OF 191 (M)
206	F10KM	Steenkamp	Jacobus Adriaan	01:03:29.61	(40) VETERAN	POS 120 OF 191 (M)
207	F10KM	Engelbrecht	Karin	01:03:30.77	(36) OPEN	POS 87 OF 252 (F)
208	F10KM	Pennefather	Silke M	01:03:39.83	(46) VETERAN	POS 88 OF 252 (F)
209	F10KM	Nghitevelekwa	Kondjeni	01:03:41.11	(39) OPEN	POS 121 OF 191 (M)
210	F10KM	Sheya	Etima	01:03:45.03	(44) VETERAN	POS 122 OF 191 (M)

CITI DASH

Date of event: 23 June 19

F10KM (RUNNING)

POSITION	EVENT	SURNAME	NAME	TIME	CATEGORY	GENDER
211	F10KM	Van Wyk	Corné	01:03:46.00	(25) OPEN	POS 89 OF 252 (F)
212	F10KM	Tendai	Chinyoka	01:04:13.80	(13) JUNIOR	POS 90 OF 252 (F)
213	F10KM	Marima	Nokuthula	01:04:16.41	(14) JUNIOR	POS 91 OF 252 (F)
214	F10KM	Joodt	Heinrich	01:04:23.44	(32) OPEN	POS 123 OF 191 (M)
215	F10KM	Hentzen	Florian	01:04:35.26	(25) OPEN	POS 124 OF 191 (M)
216	F10KM	Eiseb	Bryan	01:04:35.30	(48) VETERAN	POS 125 OF 191 (M)
217	F10KM	Maritz	Marguerita	01:04:36.14	(33) OPEN	POS 92 OF 252 (F)
218	F10KM	Roeber	Gunther	01:04:40.99	(50) MASTER	POS 126 OF 191 (M)
219	F10KM	Marais	Steyn	01:04:52.81	(28) OPEN	POS 127 OF 191 (M)
220	F10KM	Loubser	Margaret	01:04:55.51	(40) VETERAN	POS 93 OF 252 (F)
221	F10KM	Shaanika	Selma	01:05:11.17	(31) OPEN	POS 94 OF 252 (F)
222	F10KM	Pretorius	Heidi	01:05:12.34	(44) VETERAN	POS 95 OF 252 (F)
223	F10KM	Turner	Beatri	01:05:17.83	(15) JUNIOR	POS 96 OF 252 (F)
224	F10KM	Alexander	Aimee	01:05:26.78	(26) OPEN	POS 97 OF 252 (F)
225	F10KM	Chinyoka	Tanaka	01:05:26.80	(10) JUNIOR	POS 98 OF 252 (F)
226	F10KM	Hatton	Gerald	01:05:46.34	(38) OPEN	POS 128 OF 191 (M)
227	F10KM	Ndjoonduezu	Sandra	01:05:55.10	(49) VETERAN	POS 99 OF 252 (F)
228	F10KM	Murerwa	Winnet	01:06:0.54	(38) OPEN	POS 100 OF 252 (F)
229	F10KM	Shino	Elizabeth	01:06:16.71	(46) VETERAN	POS 101 OF 252 (F)
230	F10KM	Meiring	Melanie	01:06:34.34	(34) OPEN	POS 102 OF 252 (F)
231	F10KM	Van Heerden	Lizelle	01:06:41.85	(40) VETERAN	POS 103 OF 252 (F)
232	F10KM	Baker-monteforte	Nancy	01:06:55.98	(49) VETERAN	POS 104 OF 252 (F)
233	F10KM	Burger	Charmaine	01:06:59.72	(32) OPEN	POS 105 OF 252 (F)
234	F10KM	Jahs	Valentino	01:07:06.01	(34) OPEN	POS 129 OF 191 (M)
235	F10KM	Kavendjii	Clive	01:07:12.83	(44) VETERAN	POS 130 OF 191 (M)
236	F10KM	Du Toit	Leonie	01:07:17.77	(58) MASTER	POS 106 OF 252 (F)
237	F10KM	Matamola	Lisa	01:07:25.27	(31) OPEN	POS 107 OF 252 (F)
238	F10KM	Nerongo	Imelda	01:07:28.63	(32) OPEN	POS 108 OF 252 (F)
239	F10KM	Hollick	Brigitte	01:07:38.08	(50) MASTER	POS 109 OF 252 (F)
240	F10KM	Ikena	Gabriel	01:07:53.94	(31) OPEN	POS 131 OF 191 (M)
241	F10KM	Van Der Bijl	Randall	01:07:57.15	(31) OPEN	POS 132 OF 191 (M)
242	F10KM	Kambonde	Erickson	01:07:58.78	(27) OPEN	POS 133 OF 191 (M)
243	F10KM	Sheehama	Johanna	01:08:01.25	(32) OPEN	POS 110 OF 252 (F)
244	F10KM	Ndiyavala	Hambeleleni	01:08:04.98	(28) OPEN	POS 111 OF 252 (F)
245	F10KM	Hamutenya	Juanitha	01:08:10.67	(27) OPEN	POS 112 OF 252 (F)
246	F10KM	Engelbrecht	Ashwynn	01:08:20.16	(28) OPEN	POS 134 OF 191 (M)
247	F10KM	Turner	Annalien	01:08:51.20	(46) VETERAN	POS 113 OF 252 (F)
248	F10KM	Smith	Alta	01:08:59.63	(43) VETERAN	POS 114 OF 252 (F)
249	F10KM	Graupe	Bonita	01:09:03.39	(52) MASTER	POS 115 OF 252 (F)
250	F10KM	Mtuleni	Julius	01:09:4.23	(26) OPEN	POS 135 OF 191 (M)
251	F10KM	Ngutjinazo	Natasha	01:09:12.94	(26) OPEN	POS 116 OF 252 (F)
252	F10KM	Boesak	Vanessa	01:09:13.00	(35) OPEN	POS 117 OF 252 (F)
253	F10KM	Ngutjinazo	Samantha	01:09:15.65	(4) JUNIOR	POS 118 OF 252 (F)

CITI DASH

Date of event: 23 June 19

F10KM (RUNNING)

POSITION	EVENT	SURNAME	NAME	TIME	CATEGORY	GENDER
254	F10KM	Ndadi	Wanifeni	01:09:23.02	(28) OPEN	POS 136 OF 191 (M)
255	F10KM	Kapulwa	Anna	01:09:26.47	(27) OPEN	POS 119 OF 252 (F)
256	F10KM	Nghitamuka	Penehafo	01:09:31.57	(41) VETERAN	POS 120 OF 252 (F)
257	F10KM	Shiimi Ya Shiimi	Aina	01:09:55.69	(27) OPEN	POS 121 OF 252 (F)
258	F10KM	Lungameni	Anton	01:09:58.48	(28) OPEN	POS 137 OF 191 (M)
259	F10KM	Phillemon	Fenolia	01:10:00.30	(27) OPEN	POS 122 OF 252 (F)
260	F10KM	Kawana	Brown	01:10:06.92	(33) OPEN	POS 138 OF 191 (M)
261	F10KM	Nghiteeka	Tuliameni	01:10:11.33	(19) JUNIOR	POS 139 OF 191 (M)
262	F10KM	Hakaye	Amalia	01:10:16.07	(32) OPEN	POS 123 OF 252 (F)
263	F10KM	Solazzi	Estee	01:10:18.09	(35) OPEN	POS 124 OF 252 (F)
264	F10KM	Limbo	Ros	01:10:19.57	(28) OPEN	POS 125 OF 252 (F)
265	F10KM	Geurtse	Simone	01:10:22.41	(39) OPEN	POS 126 OF 252 (F)
266	F10KM	Ferreira	Gioconda	01:10:27.84	(35) OPEN	POS 127 OF 252 (F)
267	F10KM	Moses	Jason	01:10:30.43	(8) JUNIOR	POS 128 OF 252 (F)
268	F10KM	Dow	Caroline	01:10:54.84	(49) VETERAN	POS 129 OF 252 (F)
269	F10KM	Shitumbeko	Gloria	01:10:56.96	(33) OPEN	POS 130 OF 252 (F)
270	F10KM	Sechogele	Phemelo	01:11:05.95	(14) JUNIOR	POS 140 OF 191 (M)
271	F10KM	Van Zijl	Sanette	01:11:07.44	(58) MASTER	POS 131 OF 252 (F)
272	F10KM	Van Zyl	Nevadia	01:11:14.35	(40) VETERAN	POS 132 OF 252 (F)
273	F10KM	Wilders	Marianne	01:11:17.65	(50) MASTER	POS 133 OF 252 (F)
274	F10KM	De Koning	Marisja	01:11:21.36	(18) JUNIOR	POS 134 OF 252 (F)
275	F10KM	Graupe	Aneen	01:11:34.24	(40) VETERAN	POS 135 OF 252 (F)
276	F10KM	Nkoshi	Sesilia	01:11:51.82	(29) OPEN	POS 136 OF 252 (F)
277	F10KM	Kasita	Ndahafa	01:11:54.72	(33) OPEN	POS 137 OF 252 (F)
278	F10KM	Shangula	Toxie	01:11:56.40	(33) OPEN	POS 138 OF 252 (F)
279	F10KM	Tshilongo	Albertina	01:12:02.57	(27) OPEN	POS 139 OF 252 (F)
280	F10KM	M'kwaira	Nigel	01:12:05.91	(32) OPEN	POS 141 OF 191 (M)
281	F10KM	Botha	Ross	01:12:11.66	(61) GRAND MASTER	POS 142 OF 191 (M)
282	F10KM	Kahingunga	Jeaneth	01:12:24.57	(51) MASTER	POS 140 OF 252 (F)
283	F10KM	Horn	Margrit	01:12:29.13	(74) GRAND MASTER	POS 141 OF 252 (F)
284	F10KM	Kamburona	Jolanda	01:12:40.26	(32) OPEN	POS 142 OF 252 (F)
285	F10KM	Kufa	Leon	01:12:48.72	(38) OPEN	POS 143 OF 191 (M)
286	F10KM	Schoeman	Wynant	01:13:16.94	(28) OPEN	POS 144 OF 191 (M)
287	F10KM	Malherbe	Marius	01:13:18.61	(35) OPEN	POS 145 OF 191 (M)
288	F10KM	Du Plessis	Natasha	01:13:21.49	(37) OPEN	POS 143 OF 252 (F)
289	F10KM	Schlettwein	Claudia	01:13:23.02	(27) OPEN	POS 144 OF 252 (F)
290	F10KM	Mwadhina	Roswita Rose	01:13:32.19	(28) OPEN	POS 145 OF 252 (F)
291	F10KM	Nuujoma	Uno	01:13:35.31	(15) JUNIOR	POS 146 OF 252 (F)
292	F10KM	Mcleod	Janike	01:13:52.42	(26) OPEN	POS 147 OF 252 (F)
293	F10KM	Muyangi	Seminah	01:14:01.05	(37) OPEN	POS 148 OF 252 (F)
294	F10KM	Gaya	Jerome	01:14:06.99	(31) OPEN	POS 146 OF 191 (M)
295	F10KM	Katenga	Tilla	01:14:24.83	(28) OPEN	POS 149 OF 252 (F)
296	F10KM	Tjipute	Millicent	01:14:28.47	(25) OPEN	POS 150 OF 252 (F)

CITI DASH

Date of event: 23 June 19

F10KM (RUNNING)

POSITION	EVENT	SURNAME	NAME	TIME	CATEGORY	GENDER
297	F10KM	Amweenye	Helena	01:14:45.00	(22) OPEN	POS 151 OF 252 (F)
298	F10KM	Tjirimuje	Timothy	01:14:49.50	(25) OPEN	POS 147 OF 191 (M)
299	F10KM	Deliaud	Emilie	01:14:52.10	(31) OPEN	POS 152 OF 252 (F)
300	F10KM	Leukes	Abassier	01:14:55.17	(23) OPEN	POS 148 OF 191 (M)
301	F10KM	Bain	Lyndsay	01:14:58.97	(36) OPEN	POS 153 OF 252 (F)
302	F10KM	Tsoke	Tume	01:15:01.88	(20) OPEN	POS 154 OF 252 (F)
303	F10KM	Paulse	Michelle	01:15:05.07	(29) OPEN	POS 155 OF 252 (F)
304	F10KM	Bruwer	Robin	01:15:14.83	(35) OPEN	POS 149 OF 191 (M)
305	F10KM	Apollus	Regina	01:15:29.78	(42) VETERAN	POS 156 OF 252 (F)
306	F10KM	Eksteen	Hannelie	01:15:34.43	(53) MASTER	POS 157 OF 252 (F)
307	F10KM	Gordon	Susan	01:15:37.00	(64) GRAND MASTER	POS 158 OF 252 (F)
308	F10KM	Coetzee	Richardine	01:15:55.97	(29) OPEN	POS 159 OF 252 (F)
309	F10KM	Schase	William	01:15:58.73	(20) OPEN	POS 150 OF 191 (M)
310	F10KM	Krauer	Barbara	01:16:02.02	(45) VETERAN	POS 160 OF 252 (F)
311	F10KM	Myburgh	Sam	01:16:13.71	(68) GRAND MASTER	POS 151 OF 191 (M)
312	F10KM	Mukasa	Majory	01:16:15.68	(31) OPEN	POS 161 OF 252 (F)
313	F10KM	Franciscus	Imelda	01:16:43.50	(46) VETERAN	POS 162 OF 252 (F)
314	F10KM	Links	Darrel	01:16:56.29	(9) JUNIOR	POS 152 OF 191 (M)
315	F10KM	Pargin	Elleri	01:16:57.75	(27) OPEN	POS 163 OF 252 (F)
316	F10KM	Nekongo	Tomas	01:16:59.83	(36) OPEN	POS 153 OF 191 (M)
317	F10KM	Links	Angelo	01:17:04.21	(31) OPEN	POS 154 OF 191 (M)
318	F10KM	Perez	Carlos	01:17:05.23	(24) OPEN	POS 155 OF 191 (M)
319	F10KM	Navassette	Eduesolo	01:17:09.33	(23) OPEN	POS 156 OF 191 (M)
320	F10KM	Shangheta	Theresia	01:17:10.90	(32) OPEN	POS 164 OF 252 (F)
321	F10KM	Jacob	Herman	01:17:13.59	(26) OPEN	POS 157 OF 191 (M)
322	F10KM	Shivute	Sakeus	01:17:17.97	(31) OPEN	POS 158 OF 191 (M)
323	F10KM	Beukes	Natalie	01:17:20.56	(44) VETERAN	POS 165 OF 252 (F)
324	F10KM	Beukes	Josslyn	01:17:23.30	(16) JUNIOR	POS 166 OF 252 (F)
325	F10KM	Ben-elungu	Elizabeth	01:17:26.02	(43) VETERAN	POS 167 OF 252 (F)
326	F10KM	Kamenye	Helen	01:17:35.83	(22) OPEN	POS 168 OF 252 (F)
327	F10KM	Morgenroth	Janice	01:17:50.91	(32) OPEN	POS 169 OF 252 (F)
328	F10KM	Scheepers	Verna	01:17:53.65	(47) VETERAN	POS 170 OF 252 (F)
329	F10KM	Gawas	Marcia	01:18:02.95	(33) OPEN	POS 171 OF 252 (F)
330	F10KM	Sam	Megon	01:18:06.43	(28) OPEN	POS 172 OF 252 (F)
331	F10KM	Elias	Benonia	01:18:14.99	(28) OPEN	POS 173 OF 252 (F)
332	F10KM	Delgado	Valentina	01:18:20.90	(29) OPEN	POS 174 OF 252 (F)
333	F10KM	Husselmann	Matt	01:18:23.73	(43) VETERAN	POS 159 OF 191 (M)
334	F10KM	Gwata	Shamiso Grace	01:18:29.28	(35) OPEN	POS 175 OF 252 (F)
335	F10KM	Links	Dustin	01:18:32.87	(29) OPEN	POS 160 OF 191 (M)
336	F10KM	Campbell	Nicolette	01:18:49.88	(44) VETERAN	POS 176 OF 252 (F)
337	F10KM	Gerber	Sabine	01:18:56.40	(40) VETERAN	POS 177 OF 252 (F)
338	F10KM	Johr	Beulah	01:19:18.43	(27) OPEN	POS 178 OF 252 (F)
339	F10KM	Tjizumaue	Merenchia	01:19:34.41	(33) OPEN	POS 179 OF 252 (F)

CITI DASH

Date of event: 23 June 19

F10KM (RUNNING)

POSITION	EVENT	SURNAME	NAME	TIME	CATEGORY	GENDER
340	F10KM	Nicol-wilson	Verile	01:19:38.24	(40) VETERAN	POS 161 OF 191 (M)
341	F10KM	Haileka	Jandira	01:19:40.39	(31) OPEN	POS 180 OF 252 (F)
342	F10KM	Kahirimana	Augustino	01:19:51.93	(17) JUNIOR	POS 162 OF 191 (M)
343	F10KM	Rautenbach	Shan	01:20:07.53	(36) OPEN	POS 163 OF 191 (M)
344	F10KM	Koch	Mari	01:20:19.95	(39) OPEN	POS 181 OF 252 (F)
345	F10KM	Sheeya	Elizabeth	01:20:22.98	(36) OPEN	POS 182 OF 252 (F)
346	F10KM	Muhapi	Josefina	01:20:25.18	(40) VETERAN	POS 183 OF 252 (F)
347	F10KM	Pallais	Richard Dennis	01:20:33.99	(54) MASTER	POS 164 OF 191 (M)
348	F10KM	Tjejamba	Mamijoo	01:21:16.40	(45) VETERAN	POS 184 OF 252 (F)
349	F10KM	Kaulinge	Ndihole	01:21:26.81	(33) OPEN	POS 185 OF 252 (F)
350	F10KM	Izaaks	Alwonia	01:21:35.96	(21) OPEN	POS 186 OF 252 (F)
351	F10KM	Mojekwa	Matthew	01:21:50.96	(18) JUNIOR	POS 165 OF 191 (M)
352	F10KM	Nakapela	Johanna	01:22:04.45	(24) OPEN	POS 187 OF 252 (F)
353	F10KM	Kamukuenjandje	Jackie	01:22:24.45	(40) VETERAN	POS 188 OF 252 (F)
354	F10KM	Titus	Sade	01:22:28.96	(34) OPEN	POS 189 OF 252 (F)
355	F10KM	Hangalo	Aishe	01:22:47.11	(12) JUNIOR	POS 190 OF 252 (F)
356	F10KM	Masilo	Sirkka	01:23:03.41	(47) VETERAN	POS 191 OF 252 (F)
357	F10KM	Nashandi	Hilde	01:23:25.07	(46) VETERAN	POS 192 OF 252 (F)
358	F10KM	Nehemia	Monica	01:23:42.19	(44) VETERAN	POS 193 OF 252 (F)
359	F10KM	Akukothela	Priscilla	01:23:44.70	(25) OPEN	POS 194 OF 252 (F)
360	F10KM	Blaauw	Sharon	01:24:00.95	(47) VETERAN	POS 195 OF 252 (F)
361	F10KM	Schrywer	Valencia	01:24:04.55	(29) OPEN	POS 196 OF 252 (F)
362	F10KM	Tordiffe	Llewellyn	01:24:41.06	(47) VETERAN	POS 166 OF 191 (M)
363	F10KM	Van Niekerk	Morne	01:26:20.60	(31) OPEN	POS 167 OF 191 (M)
364	F10KM	Van Niekerk	Catherine	01:26:23.34	(25) OPEN	POS 197 OF 252 (F)
365	F10KM	Manyando	Rodney	01:26:27.54	(32) OPEN	POS 168 OF 191 (M)
366	F10KM	Haufiku	Lahja	01:28:35.38	(23) OPEN	POS 198 OF 252 (F)
367	F10KM	Mhangami	Chenai	01:29:37.05	(32) OPEN	POS 199 OF 252 (F)
368	F10KM	Gwasira	Rachael	01:29:39.55	(39) OPEN	POS 200 OF 252 (F)
369	F10KM	Nalisa	Namasiku	01:30:34.75	(36) OPEN	POS 201 OF 252 (F)
370	F10KM	Ndakola	Beata	01:30:36.97	(32) OPEN	POS 202 OF 252 (F)
371	F10KM	Kayelee	Lydia	01:31:08.10	(32) OPEN	POS 203 OF 252 (F)
372	F10KM	Samuel	Shirley	01:31:13.00	(30) OPEN	POS 204 OF 252 (F)
373	F10KM	Murape	Stella	01:31:15.24	(41) VETERAN	POS 205 OF 252 (F)
374	F10KM	Britz	Ilanza	01:31:16.95	(29) OPEN	POS 206 OF 252 (F)
375	F10KM	Mabvoro	Chawapuwa	01:31:19.01	(34) OPEN	POS 207 OF 252 (F)
376	F10KM	Handura	Mbenomeho Irene	01:31:43.65	(35) OPEN	POS 208 OF 252 (F)
377	F10KM	Veii	Jessica	01:31:57.90	(42) VETERAN	POS 209 OF 252 (F)
378	F10KM	Meroro	Kavena	01:32:00.78	(28) OPEN	POS 210 OF 252 (F)
379	F10KM	George	Jeremy	01:32:04.57	(40) VETERAN	POS 169 OF 191 (M)
380	F10KM	Brown	Sean	01:32:12.23	(49) VETERAN	POS 170 OF 191 (M)
381	F10KM	Brown	Justin	01:32:14.23	(14) JUNIOR	POS 171 OF 191 (M)
382	F10KM	Swart	Cristel	01:32:30.16	(46) VETERAN	POS 211 OF 252 (F)

CITI DASH

Date of event: 23 June 19

F10KM (RUNNING)

POSITION	EVENT	SURNAME	NAME	TIME	CATEGORY	GENDER
383	F10KM	Swart	Andre	01:32:32.67	(53) MASTER	POS 172 OF 191 (M)
384	F10KM	Kamundu	Tuatjavi	01:33:02.34	(36) OPEN	POS 173 OF 191 (M)
385	F10KM	Alfredo Marlene	Ferdinand	01:33:18.20	(20) OPEN	POS 212 OF 252 (F)
386	F10KM	Strauss	Alzeena Brunelda	01:33:24.33	(24) OPEN	POS 213 OF 252 (F)
387	F10KM	Pallais	Adelaide	01:33:46.70	(55) MASTER	POS 214 OF 252 (F)
388	F10KM	Strauss	Aidan Blaine	01:34:32.91	(23) OPEN	POS 215 OF 252 (F)
389	F10KM	Denk	Anthea	01:34:36.58	(20) OPEN	POS 174 OF 191 (M)
390	F10KM	Muyoba	Elsy	01:34:41.54	(23) OPEN	POS 216 OF 252 (F)
391	F10KM	De Koe	Tilly	01:34:48.61	(39) OPEN	POS 217 OF 252 (F)
392	F10KM	Carstens	Christine	01:35:03.07	(34) OPEN	POS 218 OF 252 (F)
393	F10KM	Badenhorst	Charmaine	01:35:09.95	(31) OPEN	POS 219 OF 252 (F)
394	F10KM	Badenhorst	Tiaan	01:35:13.99	(37) OPEN	POS 175 OF 191 (M)
395	F10KM	Bastiaans	Richard	01:36:11.97	(32) OPEN	POS 176 OF 191 (M)
396	F10KM	Bastiaans	Jc	01:36:12.40	(10) JUNIOR	POS 177 OF 191 (M)
397	F10KM	Keister	Josephine	01:36:37.21	(39) OPEN	POS 220 OF 252 (F)
398	F10KM	Hart	Charlotte	01:36:56.67	(29) OPEN	POS 221 OF 252 (F)
399	F10KM	Hails	Merle	01:36:59.29	(40) VETERAN	POS 222 OF 252 (F)
400	F10KM	Zatjirua	Nguvitjita	01:37:02.89	(45) VETERAN	POS 223 OF 252 (F)
401	F10KM	Bougard	Lisle	01:37:06.70	(39) OPEN	POS 224 OF 252 (F)
402	F10KM	Nuule	Diana	01:38:30.91	(28) OPEN	POS 225 OF 252 (F)
403	F10KM	Shikulo	Helena	01:39:53.48	(39) OPEN	POS 226 OF 252 (F)
404	F10KM	Van Neel	Tia	01:42:54.05	(13) JUNIOR	POS 227 OF 252 (F)
405	F10KM	Van Neel	Jordan	01:42:55.97	(12) JUNIOR	POS 178 OF 191 (M)
406	F10KM	Olivier	Tanya	01:42:57.55	(25) OPEN	POS 228 OF 252 (F)
407	F10KM	Semawgo	Ryan	01:43:02.60	(11) JUNIOR	POS 179 OF 191 (M)
408	F10KM	Kauta	liue	01:43:50.69	(44) VETERAN	POS 229 OF 252 (F)
409	F10KM	Hartung	Stephano	01:43:52.11	(34) OPEN	POS 180 OF 191 (M)
410	F10KM	Loxton	Violin	01:43:52.95	(20) OPEN	POS 230 OF 252 (F)
411	F10KM	Thompson	Timothy John	01:44:19.02	(20) OPEN	POS 181 OF 191 (M)
412	F10KM	Hengari	Saphira	01:45:16.42	(50) MASTER	POS 231 OF 252 (F)
413	F10KM	Kulobone	Helder Bene	01:45:20.13	(37) OPEN	POS 232 OF 252 (F)
414	F10KM	Minnaar	Carpio	01:45:25.07	(32) OPEN	POS 182 OF 191 (M)
415	F10KM	Chizabulyo	Chuma	01:45:26.61	(36) OPEN	POS 233 OF 252 (F)
416	F10KM	Kangueehi	Katando	01:45:34.78	(36) OPEN	POS 183 OF 191 (M)
417	F10KM	Mamutse	Wayne	01:45:56.54	(38) OPEN	POS 184 OF 191 (M)
418	F10KM	Oriol-billet	Lea	01:45:59.68	(15) JUNIOR	POS 234 OF 252 (F)
419	F10KM	Marais	Claudea	01:46:23.75	(24) OPEN	POS 235 OF 252 (F)
420	F10KM	Negumbo	Sarah	01:46:30.72	(44) VETERAN	POS 236 OF 252 (F)
421	F10KM	Negumbo	Twapewa	01:46:33.32	(13) JUNIOR	POS 237 OF 252 (F)
422	F10KM	Negumbo	Twahafa	01:46:33.54	(13) JUNIOR	POS 238 OF 252 (F)
423	F10KM	Brock	Alex	01:46:39.91	(24) OPEN	POS 185 OF 191 (M)
424	F10KM	Muadinohamba	Jerry	01:46:58.61	(48) VETERAN	POS 186 OF 191 (M)
425	F10KM	Hijamutiti	Biolla	01:48:23.83	(28) OPEN	POS 239 OF 252 (F)

CITI DASH

Date of event: 23 June 19

F10KM (RUNNING)

POSITION	EVENT	SURNAME	NAME	TIME	CATEGORY	GENDER
426	F10KM	Veii	Tjjandjeua	01:48:30.93	(14) JUNIOR	POS 240 OF 252 (F)
427	F10KM	Amweenye	Maria	01:49:29.56	(27) OPEN	POS 241 OF 252 (F)
428	F10KM	Kamburona	Himeezembi	01:49:33.16	(35) OPEN	POS 187 OF 191 (M)
429	F10KM	De Koe	Junior	01:49:41.25	(24) OPEN	POS 188 OF 191 (M)
430	F10KM	Van Zyl	Anzel	01:49:46.39	(25) OPEN	POS 242 OF 252 (F)
431	F10KM	Jeremia	Lemegius	01:50:54.33	(32) OPEN	POS 189 OF 191 (M)
432	F10KM	Christians	Jodine	01:52:12.38	(32) OPEN	POS 243 OF 252 (F)
433	F10KM	Namesho	Simon	01:55:08.33	(30) OPEN	POS 190 OF 191 (M)
434	F10KM	Fourie	Justine	01:56:50.73	(30) OPEN	POS 244 OF 252 (F)
435	F10KM	Louwrens	Grizelda Lizette	01:57:25.72	(24) OPEN	POS 245 OF 252 (F)
436	F10KM	Naukushu	Erica	01:58:16.97	(25) OPEN	POS 246 OF 252 (F)
437	F10KM	Joseph	Release	01:58:44.44	(9) JUNIOR	POS 191 OF 191 (M)
438	F10KM	Khan	Yasmeen	01:59:41.86	(20) OPEN	POS 247 OF 252 (F)
439	F10KM	Khan	Reehana	01:59:45.92	(20) OPEN	POS 248 OF 252 (F)
440	F10KM	Foerster	Dietlind	01:59:49.46	(38) OPEN	POS 249 OF 252 (F)
441	F10KM	Dax	Elsie	02:05:14.01	(24) OPEN	POS 250 OF 252 (F)
442	F10KM	Christians	Chantelle	02:05:19.25	(23) OPEN	POS 251 OF 252 (F)
443	F10KM	Van Neel	Anja	02:05:24.34	(32) OPEN	POS 252 OF 252 (F)